

Poweshiek County Inter-Agency Resource Guide

July 23, 2021

For the latest version of this Resource guide, see the Drake Community Library website (www.drakelibrary.org) under Community Resource Guide.

Please send corrections, additions, and suggestions to Emily Moore at emilymoore@iowatelecom.net

GROCERIES AND MEALS	3
MEALS ON WHEELS	3
FOOD IN THE SCHOOLS	4
HOUSING*	5
FURNITURE AND CLOTHING.....	7
SERVICES FOR EXPECTANT MOTHERS / NEW PARENTS	8
SERVICES FOR CHILDREN/YOUTH AND FAMILIES	9
YOUTH ACTIVITIES	12
AFTER-SCHOOL PROGRAMS	12
OTHER PROGRAMS AND ACTIVITIES	12
SERVICES FOR THE ELDERLY	14
HOUSING.....	14
SERVICES AND ACTIVITIES	14
EDUCATION	16
PRESCHOOLS.....	16
SCHOOLS	16
EDUCATION AGENCIES AND SERVICES	17
EMPLOYMENT AGENCIES.....	18
HEALTH AND MEDICAL SERVICES	19
HOSPITAL AND RELATED HEALTH CENTERS	19
PROGRAMS AT UNITYPOINT / GRMC FACILITIES	19
NON-GRMC MEDICAL SERVICES	20
DENTAL SERVICES.....	21
VISION	22
HEARING.....	22
SUPPORT GROUPS	23
MEDICAL EQUIPMENT	24
MEDICAL INSURANCE	24
MENTAL HEALTH.....	25
SUBSTANCE ABUSE / SUPPORT GROUPS.....	28
DISABILITY SERVICES.....	29
DOMESTIC VIOLENCE/SEXUAL ASSAULT	31
GOVERNMENT AND LEGAL SERVICES.....	32
TRANSPORTATION.....	34
FINANCIAL ASSISTANCE.....	35
MISCELLANEOUS	37

Groceries and Meals

SNAP (Food Stamps)

This is a DHS program. MICA can give families the application forms for this and other DHS programs. Call MICA at 641-236-3923. Grinnell Farmer's Market accepts SNAP payments.

WIC Clinics (Well Child)

800-390-5293

See "Services for Expectant Mothers / New Parents," page 8, for complete entry.

Grinnell Community Meal

SJAG@grinnell.edu

Davis Elementary School Cafeteria, 818 Hamilton Ave., Grinnell

Free meal prepared by community members and Grinnell College Social Justice Action Group.

Open to anyone. Tuesdays, served from 5:45 to 6:15 pm; year around except for a few weeks in late summer and in mid-winter.

Food Recovery Network

641-236-6059

First Presbyterian Church, 1025 5th Ave., Grinnell

Prepared prepackaged food available Tuesdays, Thursdays and Saturdays. Pick up at First Presbyterian Church parking lot. Also, you can have the food delivered inside the Grinnell city limits. Food amount varies and is first-come, first-served. At this time the food is pre-bagged and you cannot choose the food items. Most days there will be a small meal consisting of a protein, a starch and a vegetable, and sometimes just sandwiches.

If you want delivery on the mornings we distribute, you need to be home and answer your phone. Deliveries will be made sometime between 10:15 a.m. and noon. Distribution for those picking up is at noon at First Presbyterian Church parking lot. **If picking up food, please wear a mask and stay inside your vehicle.**

Call the church office Monday through Friday mornings at 641-236-6059, or call 641-990-1610, for more information or to sign up for delivery.

Local Foods Connection

www.LocalFoodsConnection.com

LFC partners with local farmers to provide fresh, environmentally sustainable food and nutrition education to Grinnell residents in need.

Imagine Grinnell – garden plots

641-236-5518

www.imaginegrinnell.org

PO Box 344, Grinnell

Coordinates the Grinnell Community Giving Gardens, which offer low-cost and free growing space. Plot reservations are due in the month of March; the growing season is April through November. Also provides free summer educational programming.

ISU Extension and Outreach

www.extension.iastate.edu/foodsavings/recipes/all

This website offers recipes that are low-cost and nutritious.

Meals on Wheels

Currently not available in Grinnell or Brooklyn.

May be available through Montezuma schools. Check with Angie Radeke,

641-623-5121

Food Service Supervisor. Email: aradeke@montezuma.k12.ia.us

Food Pantries

Mid-Iowa Community Action (MICA) – Food Pantry 641-236-3923
611 4th Ave, Grinnell

Operates an emergency food pantry for those in need; distributes vouchers for milk and bread provided by local churches; distributes fresh produce from local farmers. Mon – Fri, 8:30 am – 4:30 pm

Brooklyn Food Pantry Church: 641-522-7715
St. Patrick’s Catholic Church, 211 Jackson St. (alley entry) 641-522-9283
Wed. 2:00 – 6:00 pm. Contact: Mary Carlson

Malcom Food Pantry 641-528-4004
Methodist Church Basement
Thurs. 4:00 – 6:00 pm

Montezuma Food Pantry 641-623-3275
Community Hope Church
501 N. Front St., east building
Mon. 10:00 am – 12:30 pm, Wed. 2:00 – 4:30 pm, Thurs. 4:30 – 6:30 pm, Fri. 1:00 – 3:00 pm
The client choice pantry is for Poweshiek county residents only. Clients must meet government guidelines of household income not over 185% of federal poverty threshold and have updated ID to serve as address verification and list all living in the household with DOB, and SS.

Malcom Mobile Food Pantry City office. Not right number. 641-528-4245
Malcom Auditorium, 212 Main St., Malcom
Food from NEIA (Northeast Iowa) Food Bank
The 1st Wed. of every month, 5:00 – 6:45 pm or until supply runs out.

Food in the Schools

Free and reduced lunch program

Paid for through USDA, this program offers free and reduced-cost lunches to income-eligible children. Sign up through the schools.

Summer lunch program

Grinnell schools 641-236-2668

Food Service Director: Carrie Nachazel E-mail: carrie.nachazel@grinnell-k12.org

Davis: June 7 – Aug 6, 2021. Breakfast: 7:30 – 8:15; Lunch 11:00 – 12:30.

High School: Sign up on website. Pick up Mon. and Wed., 11:00 – noon.

Montezuma schools 641-623-5121

Food Service Supervisor: Angie Radeke E-mail: aradeke@montezuma.k12.ia.us

Grinnell Tiger Packs and HS food pantry

Food is placed in backpacks for students in need identified by school staff or family.

Address questions to the Grinnell elementary and middle schools.

Grinnell High School has a small clothes closet and food pantry.

Montezuma Backpack Program: Contact the schools 641-623-5121

Housing*

Grinnell Housing Authority 641-236-2611

520 4th Ave, Grinnell 50112

<https://www.grinnelliowa.gov/300/Low-Rent-Housing>

E-mail: rentassist@iowatelecom.net

Rent assistance for income-eligible elderly, disabled, and families, funded by HUD. Eligible families select their own rental units anywhere in Poweshiek County. Applications are accepted continuously. Hours: 8:00 – 3:30, M – Th.

Income-based Housing for Families

Arbors Apartments	401 Washington Avenue, 2 & 3 BR	641-236-9233
Center Street Apartments	506 Center Street, 2 BR	641-236-6679
Grinnell Park Apartments	223 4th Avenue West, 1 & 2 BR	800-394-1288
Spaulding Lofts	827 4th Avenue, 1 & 2 BR	515-221-6696
Westfield Apartments	308 4th Avenue West, 1 & 2 BR	641-236-8909

Income-based Housing for Elderly and Disabled (in Grinnell)**

Grinnell Area Housing, 214 4th Avenue W. 641-236-6679

Brookside East

Brookside West 131 Fourth Avenue West

Brookside South 214 Fourth Avenue West

Monropark Apartments

Pearl Street Apartments 729 Pearl St.

Poynter Apartments (for CMI) 412 Third Avenue

Grinnell Estates, 2020 West St. 641-236-0102

Spaulding Lofts 827 4th Avenue 515-221-6696

Income-based Housing for Elderly and Disabled (outside Grinnell)**

Barnes City Housing, Financial Service Group, Inc 319-664-3002

Brooklyn Housing, Inc., Karen McNaul 641-623-5026

Deep River Housing, Financial Service Group, Inc 319-664-3002

Malcom Manor, Karen McNaul 641-623-5026

Montezuma, Sunny View Square, Grinnell Area Housing 641-236-6679

Searsboro Manor Apartments, Financial Service Group, Inc 319-664-3002

Victor Senior Housing, National Management 515-223-0300

Notes:

* For nursing homes see “Services for the Elderly”

** Elderly here means 62 and over.

Fair Housing Center 800-669-3247

Deals with issues of discrimination and with landlord-tenant issues.

Housing Assistance

Rolling Hills

833-739-0065

Resource for financial assistance for the homeless or people facing eviction.

Instructions:

1. Call the Waypoint Call Center (833-739-0065). The line is available 24 hour/day, though it is best to call 8:00 pm – 8:00 am. If no answer, keep trying.
2. Talk to a person. Do not leave a message.
Be ready to provide information about unpaid rent at current and/or prior rental, and unpaid utility account numbers. Account statements will be required.
3. Calls are referred to Rolling Hills. A case manager will then contact the person requesting assistance.

Iowa Finance Authority

515-725-4900

www.iowafinanceauthority.gov/Programs/Affordable-Homeownership

2015 Grand Ave., Des Moines, Iowa 50312

Services may include down payment assistance for both first-time home buyers and previous homeowners. Military Homeownership Assistance programs. Some grant funds may also be available.

REGION 6 Housing Trust Fund

641-752-0717

Income-based funding for new home buyers, existing homeowners, rental property owners, and other affordable housing projects may qualify.

USDA Rural Development – Iowa

Single Family Home Loan Guarantees

515-284-4667

www.rd.usda.gov/programs-services/single-family-housing-guaranteed-loan-program/ia

Program assists approved lenders in providing low- and moderate-income households the Opportunity to own a home. Work directly with approved lender.

Single Family Housing Direct Home Loans

641-932-3031

www.rd.usda.gov/programs-services/single-family-housing-direct-home-loans/ia

Program assists low- and very-low-income applicants obtain homeownership.

Contact local USDA office – Poweshiek County Area 5.

Contact Albia Area Office

Weatherization program

641-236-3923

<https://www.micaonline.org/housing>

To apply for this government-funded program, applicants must first apply for LIHEAP. Even if income is above limit for LIHEAP, you may qualify for weatherization. Funds are both for homeowners and for renters. Applications are accepted year-around through MICA.

Hometown Care Energy Fund

866-ALLIANT (866-255-4268)

www.AlliantEnergy.com

On this website, click on “Help with your bill”.

Eligible Alliant Energy customers can use this fund to help pay energy bills. Applications are accepted when funds are available. Call MICA (641-236-3923) for information and to apply.

Furniture and Clothing

- Second Mile** 641-236-7892
515 3rd Ave., Grinnell
Shopping: M,T,W,F 9:00 am – 3:00 pm; Th 9:00 am – 5:00 pm
Donations by appointment.
Inexpensive used clothing, furniture, and much more.
Contact: Deanna Vogt.
- Rummaging Around** 641-236-0963
714 4th Ave, Grinnell
Current hours: M – F, 9 – 6; Sat 9 – 4.
- Live Now Consignment** 563-265-8002
914 Main St., Grinnell
- Montezuma Free Clothes Closet** 641-623-5410
109 South 4th St., Montezuma
Tues., Noon – 5:00 pm; Thurs., 9:00 am – 5:00 pm.
- Tracy's Treasures** 641-990-2944
403 E. Main St., Montezuma
Mostly clothes, but call to check if she has furniture.
- White's Consignment** 641-623-2208
806 S. Front St., Montezuma
- Once and Again Consignment**
102 N. Orchard St., Brooklyn
- Salvation Army Poweshiek County Service Extension #261** 402-898-5942
303 E. Washington, Montezuma

Services for Expectant Mothers / New Parents

GRMC's Before Baby and Beyond Program 641-236-2324

Kintzinger Women's Health Center, Grinnell Regional Medical Center
Educational program for expecting mothers, preparation for labor, delivery, and infant care. All parents who deliver at GRMC are encouraged to enroll in this free program.

Grinnell Regional Babies Room Parenting Classes 641-236-2385

Light Center, 306 Fourth Ave, Grinnell
Free parenting classes are held the 3rd Tuesday and 3rd Thursday of the month, 4:30 – 5:30.
The Grinnell Babies Room Program provides incentives and educational opportunities to women who are pregnant or who have a child less than 3 years old. Incentive points can be redeemed for items for care of your infant or toddler. This program provides support for women to care for themselves as they raise healthy children.

Prenatal / Childbirth Classes 236-2324

Tomasek Room, GRMC
Classes are offered as three evening sessions or all day Saturday. Call for schedule.

Certified Lactation Consultant 641-236-2385

Consultation services are available to any mother wishing to breastfeed her baby. Call public health and ask to set up an appointment.

Immunization Clinic 641-236-2385

www.unitypoint.org/grinnell/public-health
Light Center for Community Health, 306 4th Ave., Grinnell
Call for an appointment.

WIC Clinics (Women, Infant, Children Nutrition) 800-390-5293

Clinics are run out of the MICA office in Marshalltown. 641-753-4816

The current hours are listed below. Call in advance to sign up and to check times.

In Grinnell: Light Center for Community Health, 306 4th Ave.
3rd Tues., 8:30 am – 4:00 pm; 4th Tues., 8:30 am – 5:30 pm.

In Brooklyn: United Methodist Church, 603 Clay Street.
3rd Mon., 9:00 am – 2:00 pm

WIC gives vouchers for formula, milk, and nutritious food supplies, and medical referrals for income-eligible pregnant women, nursing mothers, and children to five years of age.

Big Hands 4 Tiny Hearts 641-236-5518

Support for NICU Babies and Families, Poweshiek County Residents

Services for Children/Youth and Families

Mid-Iowa Community Action (MICA)

641-236-3923

FAX: 641-236-8704

www.micaonline.org

611 4th Ave., Grinnell

MICA is a private, non-profit organization serving children and families in central Iowa. Our vision is that MICA, in collaboration with our community partners, leads efforts to strengthen families and communities. Together, we create communities where fewer people find themselves in poverty and those who do, have a path out.

Services: Family Development Center; Head Start; Women, Infants and Children (WIC); Low-Income Home Energy Assistance Program (LIHEAP); house weatherization services; food pantry; family development programs; information and referrals for crisis intervention services.

Area Education Agency (AEA 267)

800-735-1539

www.CentralRiversAEA.org

909 South 12th Street, Marshalltown, IA 50158

641-753-3564

Early Childhood services, services for children with disabilities, work experience.

Family Team Meetings (for families before DHS intervenes)

641-236-2385

Grinnell Regional Public Health, Light Center

Sometimes families need assistance in developing a plan for a problem or concern. A Family Team Meeting is a meeting of people chosen by the family to identify family strengths, needs, and resources. A plan is created that provides for the safety and wellbeing of children in the family. To refer or schedule a family team meeting, please call Grinnell Regional Public Health

Iowa Department of Human Services (DHS)

641-792-1955

www.dhs.iowa.gov

Fax: 515-564-4017

115 North Second Ave. East, Suite H, Newton 50208

800-342-0829

Grinnell office by appointment only: 717 5th Ave., Suite 6.

Children and Families of Iowa (CFI)

641-954-1233

www.cfiowa.org

111 East Main St., Ottumwa 52501

Mental Health Services, Family-Centered Services. Programs include 24/7 Dads, Community Partnerships for Protecting Children (CPPC), and DHS program Parent Partners.

Parent Partners (DHS program)

515-281-0617

www.dhs.iowa.gov (search for Parent Partners)

Apply through DHS.

This program is about parents helping parents who are involved with the child welfare system. Parent advocates are birth parents who have been through the “system” and have had successfully resolved cases. The primary goal is to help birth parents get their children returned to them. Parent partners provide support and motivation for those parents who need the extra push to begin their case plan activities. The program is funded by Iowa DHS and administered by Children and Families of Iowa.

Behavioral Healthcare 641-528-6065
www.capstonebh.com FAX 641-260-8213
200 4th Ave. West (upper level), Grinnell 50112 Crisis: 844-258-8858
Capstone is a Community Mental Health Center that offers a wide range of mental health services including psychological testing, emergency care, substance abuse services, jail diversion services, and home and employment services for people with chronic mental illness. Walk-ins accepted.

Creative Hope Counseling 641-226-2665
Sara Erselius, LISW, RPT
Montezuma
Offers play therapy. Provides individual and group therapy for children & adolescents.

NOTE: For other counseling services, see the section on Mental Health, page 25.

Central Iowa In-Home Services 641-858-3852
www.cjdc.com
Behavior Health Intervention Services (BHIS)
Clients must be Title 19 eligible. They may be referred by parents, JCO, DHS, school or other professionals.

Healthy Homes Family Services 641-236-0273
www.healthyhomesfs.com
812 Commercial St, Grinnell
Behavior Health Intervention Services (BHIS)
In-home skill building working with children age 3 to 17 years as well as their families struggling with a child's behaviors in the home or school setting. Medicaid and other major insurance are accepted. They also offer support groups.

Central Iowa Community Services (CICS) – Poweshiek County 641-236-9199
www.cicsmhds.org Fax: 641-236-1349
200 4th Ave West, Suite 202, Grinnell
E-mail: brenda.daily@cicsmhds.org
CICS provides coordination and financial support for mental health and disability services to eligible applicants. Services include service coordination, drop-in centers, mental health crisis services, outpatient non-crisis psychiatry services, housing supports, work supports, and other services. Hours: 8:00 – 4:30, M – F.

Four Oaks 641-236-0900
www.fouroaks.org
821 5th Ave, Suite 412, Grinnell
A safety and permanency option that partners with DHS to keep and/or reunite children with their families.

Youth & Shelter Services of Marshall County – Host Home & TLP 641-752-2300
www.yss.org
22 North Center St., Marshalltown 50158
Lighthouse Homes and apartments serve as residences for a unique Transitional Living Program targeting homeless, pregnant young women and young parents, ages 16-25. Shelter for young adults aging out of foster care. The program helps non-system-involved young mothers and fathers become independent and self-sufficient.

Child Care Resource and Referral – CCR&R, Region 4

800-722-7619

www.iowaccrr.org

Central office: 808 5th Ave., Des Moines 50309

2713 No. 4th Ave. E., Newton, IA 50208

Phone for Jasper, Marion, and Poweshiek Co.

641-820-1923

CCR&R provides information about childcare providers; advocacy for childcare programs; parent referrals. This program is funded through DHS.

Early Care and Education (ECE)

641-792-KIDS (5437)

550 N 2nd Ave. W., Newton 50208

This is an ISU Extension Agency program that serves Jasper, Poweshiek, and Marion Counties.

It offers professional development classes for childcare providers.

Child Support Recovery Unit (CSRU)

888-229-9223

www.childsupport.ia.gov

204 1/2 West State Street, Marshalltown

641-753-6408

Internet resources

www.dhs.iowa.gov

Click on A to Z Services to see a list of services available from DHS.

www.zerotothree.org. This website has some useful pamphlets from the American Pediatric Assn. and other sources discussing stages of child development.

Youth Activities

After-School Programs

LINK Grinnell

www.linkgrinnell.org

Davis elementary school, 818 Hamilton Ave., Grinnell

LINK offers after-school programming, full-day programs for non-school days, and a summer program with activities. A sliding scale for fees is available.

Grinnell Area Arts Council (GAAC)

641-236-3203

www.grinnellarts.org

926 Broad St., Grinnell

The Studio-6 after-school art program is starting again in the fall 2021, on T/W/Th. Call to register.

Malcom-Sheridan Youth and After School Program

641-528-4004

Contact: Dawn Hamilton (cell: 641-990-4300)

Tuesdays, 3:30 – 6:00, at the United Methodist Church

Other programs and activities

Drake Community Library

641-236-2661

www.drakelibrary.org

930 Park St., Grinnell

See their website for Story Time and other programs for children and youth.

LINK Grinnell mentoring program

www.linkgrinnell.org

LINK's mentoring program matches adults with children to give children a positive role model.

This program replaces Big Brothers / Big Sisters.

Grinnell Recreation Department

641-236-2620

www.grinnelliowa.gov (under Departments, find Parks and Recreation.)

Mailing address: 520 4th Ave, Grinnell

Pool: 641-236-2621

Physical address: 1500 Penrose St., Grinnell

Programming for families, children, and youth. Scholarships are available for income-eligible families.

Grinnell Little League

<http://tshq.bluesombrero.com/grinnellball>

E-mail: GrinnellLittleLeague@gmail.com

PO Box 718, Grinnell

The Grinnell Little League's mission is to teach youth, ages 4 – 14, the fundamentals of baseball and softball in a safe and fun environment.

Girl Scouts of America 641-236-6403
E-mail: lmtish@iowatelecom.net

Boy Scouts of America 641-990-8405
E-mail: sokol.mike@hotmail.com
Website: www.beascout.org

Poweshiek County Extension – 4-H Program 641-623-5188
www.extension.iastate.edu/poweshiek
4-H empowers youth to reach their full potential working and learning in partnership with caring adults. To contact a club or join 4-H call Cathy Lents or visit the website.

Newton YMCA 641-792-4006
www.newtonymca.org
1701 S. Eighth Ave. E., Newton 50208

Services for the Elderly

Housing

Grinnell Health Care Center

www.grinnellhealthcarecenter.com

415 6th Avenue West, Grinnell

24-hour nursing care, fees vary

641-236-6511
Fax: 641-236-6713

Mayflower Homes, Inc.

www.mayflowerhomes.com

616 Broad St., Grinnell

Patio homes, Apartments, Assisted living, and 24-hour nursing care

641-236-6151
800-936-6151
Fax: 641-236-6154

Saint Francis Manor

www.stfrancismanor.com

2021 4th Ave., Grinnell

24-hour nursing care

641-236-7592
Fax: 641-236-8035

Seeland Park

www.stfrancismanor.com

2021 4th Ave., Grinnell

Duplexes, apartments, assisted living

641-236-7592
Fax: 641-236-8035

Windsor Manor

www.windsor-manor.com

229 Pearl Street, Grinnell

Assisted living community

641-236-8700
Fax: 641-236-9514

Brooklyn Community Estates

www.bcecares.com

406 North St., Brooklyn 52211

24-hour long-term and respite care

641-522-9263
Fax: 641-522-5684

Montezuma Nursing & Rehabilitation Center

www.careinitiatives.org/montezuma-specialty-care

316 Meadow Lane Dr., Montezuma 50171

24-hour nursing care

641-623-5497
Fax: 641-623-2297

Services and Activities

Grinnell Senior Center

927 4th Ave.

Meals on Wheels, social activities, and referrals. Healthy Lifestyle Coordinator

Brooklyn Activity Center

122 Jackson St., Brooklyn

Meals, social activities.

Poweshiek County Healthy Lifestyles Center
(formerly Northeast Iowa Area Agency on Aging)
www.nei3a.org

Aging and disability resources to maintain independence. Services include Case Management. Clients must first sign up for Medicaid. Contact Life-Long Links (below) for this.

Life-Long Links 866-468-7887
www.nei3a.org/our-services/lifelong-links-aging-disability-resource-center.aspx

Call to complete a needs assessment form to access the aging and disability resources of the Northeast Iowa Area Agency on Aging.

Senior Health Insurance Information Program (SHIIP) 641-236-2588
Trained volunteers explain Medicare, Medicaid, and insurance billing. Free service.

DHS Department on Aging 515-725-3333
510 East 12th Street, Suite 2
Long-Term Care Ombudsman: Advocate for care facility residents 515-725-3327

Poweshiek County Veterans Affairs 641-236-5722
200 4th Ave West (lower level), Grinnell
Mon, Tues, Thurs, Fri: 8:30 am – 2:00 pm; Wed. 8:30 am – 1:00 pm.

Veterans Affairs (VA)
www.centraliowa.va.gov

Crisis Line	800-273-TALK (8255) Press 1
Women Vets Hotline	855-VA-WOMEN (829-6636)
Regional Benefits Office	800-827-1000
210 Walnut St., Des Moines 50309	
VA Clinic	641-754-6700
101 Iowa Ave. West, Marshalltown 50158	
VA Health Care	319-338-0581
601 Highway 6 West, Iowa City 52246	
Telephone Care (VA Nurse)	844-827-6855
M – F, 4 pm – 8 am; 24 hours on weekends and federal holidays.	

Education

Preschools

Head Start 641-236-3923

Contact the Head Start Specialist at MICA.

611 4th Ave., Grinnell

Head Start is a federally-funded preschool program for children ages three through five, providing children the social, educational, health and nutritional services they need to grow up healthy, happy, and confident.

Grinnell Community Early Learning Center 641-236-7214

www.grinnellcommunitydaycare.com

1436 Penrose, Grinnell

E-mail: director@grinnellcommunitydaycare.com

Grinnell Newburg Preschool (public) 641-236-2780

1310 Hobart St. (at Fairview School), Grinnell

Grinnell UCC Community Preschool 641-236-3111

www.grinnellUCCpreschool.com

UCC Congressional Church, 902 Broad Street, Grinnell

Grinnell College Preschool 641-269-3320

1022 Park Street, Grinnell

E-mail: veerhuse@grinnell.edu

Brooklyn Preschool (public) 641-522-9268

1090 Jackson Street, Brooklyn 52211

Montezuma Preschool (public) 641-623-5121

504 N. 4th Street, Montezuma 50171

Schools

Grinnell – Newburg Community School District 641-236-2700

www.grinnell-k12.org

Administrative Office: 925 Broad St., Grinnell

Fairview Elementary School: grades preschool – 2 641-236-2780

1310 Hobart St.

Bailey Park Elementary School: grades K – 2 641-236-2770

210 Eighth Ave.

Davis Elementary School: grades 3 – 4 641-236-2790

818 Hamilton Ave.

Grinnell Middle School: grades 5 – 8 641-236-2750

132 East Street South

Grinnell High School: grades 9 – 12 641-236-2720

1333 Sunset

Independent Learning Center (ILC) 641-236-2720

1333 Sunset

Brooklyn – Guernsey – Malcom Community School District www.brooklyn.k12.ia.us 1090 Jackson Street, Brooklyn 52211	Elem. 641-522-9268 Secondary 641-522-7058
Lynnvile – Sully Community School District www.lshawks.org 12476 Hwy F62 E., Sully 50251	641-594-4445
Montezuma Community School District www.montezuma-schools.org 504 N. 4th Street, Montezuma 50171	641-623-5121
Central Iowa Christian School: grades K – 8 (private) www.centraliowachristianschool.org 201 380th Avenue, Grinnell	641-236-3000
Iowa Valley Community College District (IVCCD) www.iavalley.edu Grinnell Campus: 123 6th Avenue West, Grinnell Call or see website for programs including High School Equivalency Diploma (HSED, formerly GED), ESL tutoring, continuing education classes	641-236-0513

Education Agencies and Services

Area Education Agency (AEA 267) www.centralriversaea.org 909 South 12 th Street, Marshalltown, IA 50158 Early Childhood services, services for children with disabilities; work experience.	800-735-1539 641-753-3564
English Language Learners (ELL) Tutoring available through the Grinnell public schools E-mail: Carlos.Gallegos@grinnell-K12.org	641-236-2750
Network of Iowa Christian Home Educators (NICHE) https://homeschooliowa.org PO Box 158, Dexter 50070 E-mail: contact@homeschooliowa.org	515-478-5454 800-723-0438

Employment Agencies

Iowa Workforce Development 866-239-0843

www.iowaworkforcedevelopment.gov

Southgate Plaza – 100 Iowa Ave. West, Suite 200, Marshalltown 50158 641-754-1400

Fax: 641-754-1443

200 Army Post Road, Des Moines 50315 515-281-9619

Promise Jobs 641-754-1400

www.iowaworkforcedevelopment.gov/promise-jobs

Provides work experience opportunities, job skills training, and family development to FIP recipients. To schedule a meeting in Grinnell, call the Marshalltown number listed here.

Denison Job Corps Center 800-733-5627

<http://denison.jobcorps.gov/> 712-265-2300

10 Opportunity Dr., Denison IA 51442

For young women and men 16-24 years old and solo parent program.

Second chance to graduate; vocational training. Must meet educational guidelines.

Mid-Iowa Community Action (MICA) 641-236-3923

MICA has information on applying for jobs. Through the Strong Parents Strong Children (SPSC) program they offer job coaching.

Iowa Vocational Rehabilitation Services 641-352-7942

www.ivrs.iowa.gov

101 Iowa Ave. West, Suite 200, Marshalltown, IA 50158

The mission of Iowa Vocational Rehabilitation Services is to work for and with individuals who have disabilities to achieve their employment, independence, and economic goals. IVRS works with sophomores in high school through adults. Services offered include: college funding, job training, employment search, assistive technology, medical and psychological assessment, physical/mental restoration services which may include therapy, wheelchairs, hearing aids, etc., job coaching, career guidance and counseling. For more information about the full spectrum of services offered, visit the website.

Aventure 712-258-2453

www.aventure.com

No longer has an office in Grinnell. See website for locations.

First Class Staffing 641-236-6808

929 Broad Street, Grinnell

QPS Employment Group, Inc. 641-454-5656

www.qpsemployment.com

1108 West St, Grinnell

Temp Associates 641-236-9220

1029 Broad Street, Grinnell

Health and Medical Services

Hospital and related health centers

UnityPoint Health Grinnell Regional Medical Center 641-236-7511
www.unitypoint.org/grinnell E.R. 641-236-2380
210 4th Ave., Grinnell

Light Center: UnityPoint Health – Grinnell Public Health 641-236-2385
www.unitypoint.org/grinnell/public-health
306 Fourth Avenue, Grinnell
Immunization clinics, communicable disease control, community care clinic, lead tests.

Postels Community Health Park 641-236-2953
www.unitypoint.org/grinnell/postels-community-health-park
807 Broad St., Grinnell
Massage and relaxation therapies, physical therapy, reflexology, etc.

Paul W. Ahrens Fitness Center 641-236-2999
www.unitypoint.org/grinnell/fitness-and-wellness
824 Commercial St., Grinnell (Postels Community Health Park)
Exercise classes; personal trainer available. No on-site childcare at this time; check website.
Immediate family members of inpatients may use the PWA Fitness Center at no cost.

Programs at UnityPoint / GRMC facilities

Manatt Walk-In Care Clinic (urgent care) 641-236-2323
www.unitypoint.org/grinnell/walk-in-care
Ahrens Medical Arts Building, 202 Fourth Ave., Suite 100
Mon – Fri, 8 am – 7 pm.; Sat, 8 am – 2 pm. Check in on first floor.

Grinnell Regional Community Care Clinic (Free Clinic) 641-236-2385
Light Center. 1st and 3rd Thurs. of the month, 2 – 4 pm. Call for an appointment.
Free medical services for uninsured, low-income residents of Poweshiek County.

Blood Pressure Clinic 641-236-2385
Light Center. Thurs. 1 – 2 pm. Free; no appointment needed.

Grinnell Regional Babies Room 641-236-2385
See “Services for Expectant Mothers,” page 8, for complete entry.

WIC Clinics (Well Child) 800-390-5293
Call the Marshalltown MICA office for an appointment in Grinnell or Brooklyn.
See “Services for Expectant Mothers,” page 8, for complete entry.

Immunization Clinic 641-236-2385
Light Center, 306 Fourth Ave., Grinnell
Call for an appointment.

Grinnell Regional Home Care 641-236-0401
www.unitypoint.org/homecare/grinnell

UnityPoint at Home, 704 Industrial Ave., Suite 101, Grinnell
A home health agency

Adult Foot Care Clinic 641-236-2385
Light Center. 2nd and 4th Thurs., 9:00 am – noon.
Call Grinnell Regional Home Care for an appointment.

Grinnell Regional Women’s Health Clinic 641-236-2905
Ahrens Medical Arts Building, 2nd floor.

Grinnell Regional Hospice 641-236-2418
Support with end-of-life care, both in-home and in the hospital (GRMC).

Non-GRMC Medical Services

Midwest Ambulance Service of Iowa Emergency: 911
Non-emergency: 641-236-4080

Iowa Department of Public Health 515-281-7689
www.idph.iowa.gov 866-227-9878
321 E. 12th Street, Des Moines 50319-0075

Referral Source Phone: 211
www.211.org
Through United Way. They offer free and confidential information for help with food, housing, employment, health care, counseling, and more.

Veterans Affairs (VA) Regional Benefits Office 800-827-1000
www.centraliowa.va.gov
210 Walnut St., Des Moines
For more information see entry in Services for Elderly, page 15.

PhRMA Medicine Assistance Tool (MAT) 571-350-8643
www.medicineassistancetool.org
MAT is a search engine for support programs and resources from the biopharmaceutical industry.

SafeNet Rx (Formerly Iowa Prescription Drug Corp.) 866-282-5817
www.safenetrx.org
\$3 Medication Voucher Program

NeedyMeds 800-503-6897
www.needy meds.org
Prescription drug card offers discounts at certain pharmacies.

Home Health Agencies – Community Services of St. Francis 641-236-7717
<https://www.stfrancismanor.com/get-well-stay-healthy/home-healthcare>
2021 4th Ave., Grinnell

Iowa Department of Human Services (DHS) 800-342-0829
www.dhs.iowa.gov
Jasper County DHS 641-792-5830
E-mail: CJaspe01@dhs.state.ia.us
Grinnell office: 717 5th Ave., Suite 6. (by appt., served by Jasper County office)
Services include SNAP (food stamps), medical assistance, and services for children and families.
Local Child/Adult Abuse Hotline 641-792-1955
State-wide child/dependent adult Abuse Hotline 800-362-2178

Iowa Brain Injury Information Center 800-444-6443
Brain Injury Association of Iowa
317 East 6th Street, Des Moines 50309

Iowa Poison Control Center Emergency: **800-222-1222**
www.iowapoisson.org
401 Douglas Street., Ste. 501, Sioux City 51101

Total Rehab 641-236-4506
234 West St, Grinnell
Orthopedic & sports specialists, physical therapy, strength & conditioning, work posture education

EveryStep (formerly Visiting Nurse Services of Iowa) 515-288-1516
www.EveryStep.org
1111 9th St. Ste. 320, Des Moines 50314

Dental Services

I-Smile 515-557-9023
<https://ISmile.idph.iowa.gov>
I-Smile Coordinator: E-mail: mwoodhouse@marionph.org 641-828-2238 x3840
Child dental screenings at the Light Center the 3rd and 4th Tuesdays of the month.

Mother-Child Wellness Program 641-236-2006
Serves families in Mahaska, Poweshiek, and Jasper Counties who have household income of 200 percent of poverty level or under. They can assist in finding dental care and screenings.

Poweshiek County Dental Coalition 515-650-1877
E-mail: PoweshiekDentalCoalition@gmail.com
Promotes screening and dental clinics for children 0 – 18. Voucher funds are available for dental care for children who are underserved. Offers education program for preschools.

Broadlawns Medical Center – Dental Clinic 515-282-2421
<https://www.broadlawns.org/clinics-and-services/dental>
Medical Plaza, Third Floor, 1761 Hickman Rd., Des Moines, IA 50314
Dental services for patients of all ages from children to adults.

University of Iowa Stead Family Children's Hospital 319-353-6711
www.uichildrens.org/medical-services/dentistry 877-686-0031
100 Hawkins Drive, Iowa City, IA 52242
Dental services for infants, children, and young adults (under age 21), including patients with special health needs. Call for an appointment.

Dental Lifeline Network Iowa 515-251-8000
www.DentalLifeline.org/iowa/
9000 Northpark Drive, Johnston, IA 50131
Donated dental services. Applicants must lack adequate income, have a permanent disability or are elderly (age 65 or older) or qualify as medically fragile.
Contact Diane Wells, coordinator. dwells@DentalLifeline.org

Vision

Lion's Club

Referrals are through school nurses and support staff.
They do screenings in Head Start and other preschool classrooms and help provide glasses to children from low-income families.

Prevent Blindness Iowa 515-244-4341
<https://iowa.preventblindness.org/>
1111 Ninth St., Suite 250, Des Moines 50314
Sight for Students program. Referrals and applications are available through school nurses and support staff. Works to prevent blindness through education, screening, and support of research.

Iowa KidSight 319-353-7616
(Joint project of Lions Clubs of Iowa and UI Children's Hospital, Dept. of Ophthalmology and Visual Sciences.)
www.IowaKidSight.org
2431 Coral Court #5, Coralville, IA 52241
Offers screenings for children 6 months of age through kindergarten

Infantsee

www.infantsee.org
Participating optometrists provide a one-time comprehensive infant eye assessment for children between 6 and 12 months of age, as a no-cost public service. Use the website to locate participating optometrists.

Hearing

Iowa Dept. of Human Rights

<https://humanrights.iowa.gov/cas/ds/resources/funding-hearing-aids>
Website lists sources for funding for hearing aids.

Support Groups*

Bariatric Surgery Patient Support Group 641-236-2998

Tomasek Conference Center, GRMC, 1st Saturday, 9 – 11 am.

This group provides education for GRMC patients who have had gastric bypass surgery.

Breastfeeding Class 641-236-2324

Given once per quarter. Call for information.

Breastfeeding Support Group 641-236-2385

Light Center, First Tues. of each month, 10:30 am.

Cancer Support Group 641-236-2568

Every Tuesday, 9:30 – 10:30 am. Room 204, GRMC

Caregivers Support Group

First Presbyterian Church, 1025 5th Ave, Grinnell

2nd and 4th Tues. of each month, 10 – 11 am.

Diabetes Support Group 641-236-2488

East Tomasek Room, GRMC. Generally meets 2nd Monday of odd months, 7 – 8 pm.

This comprehensive diabetes support group includes a visit with the dietitian and diabetes educator. Speakers and topics vary.

Grief Support Group

Drake Community Library, 930 Park St., Grinnell, 2nd Wed. of each month, 10 – 11 a.m.

Meet and Eat Bereavement Support

Tomasek Conference Center, GRMC, 1st Sunday of the month, 5:30 pm.

This bereavement support group provides social opportunities for widows and widowers.

Individuals gather for a meal and social activities.

Perinatal Loss Support Group 641-236-2324

East Tomasek Room, GRMC. Meets quarterly. Call for dates and times.

Lyme Disease Support Group

Support group for those who suffer from Lyme disease and their family or support persons. The

group provides educational speakers, support, and discussion of treatment modalities. Contact:

Dale Lamb, Lamb Law Office

Alcoholics Anonymous (AA) and Al-Anon

For a schedule of meetings, see the section on Substance abuse / Support groups, page 28.

ANAD: Nat'l Assoc. of Anorexia Nervosa and Associated Disorders 641-510-1141

410 Washington, Lot 31, Grinnell. Mon. 7:30 – 8:30 pm

Contact: Brooke Burkett.

Support group for men and women with bulimia or anorexia.

*NOTE: Many of these groups may be dormant due to COVID, so information here may be out of date. Check with UnityPoint Hospital.

Medical Equipment

Grinnell Regional Home Care, Loan Closet 641-236-2385
306 4th Avenue, Grinnell (Light Center)

NuCara Home Medical 641-792-9339
1719 1st Ave. E., Newton

Lincare 515-223-6078
Urbandale, IAfor

Long Term Medical Supply
929 Broad St., Grinnell

Medical Insurance

Hawk-I 800-257-8563
<https://dhs.iowa.gov/hawki>
E-mail: Hawki@dhs.state.ia.us
No- or low-cost health care coverage for children in working, income-eligible families.

Medicaid (also called Title 19) 800-338-8366
www.dhs.iowa.gov
Ways to apply for Medicaid:
Online: <https://dhsservices.iowa.gov/apspspp/ssp.portal>
Call: 1-855-889-7985
Mail a completed application: Imaging Center 4, PO Box 2027, Cedar Rapids, IA 52406
<https://dhs.iowa.gov/sites/default/files/Comm580.pdf?040620211416>
See page 2 of this large document for complete instructions for applying for Medicaid.

Iowa Health and Wellness Plan 800-338-8366
www.dhs.iowa.gov (Link to Medicaid.)
This is an Iowa Medicaid program, new in 2014, that covers adults ages 19 to 64. Eligible member income is at or below 100 percent of the Federal Poverty Level.

Outreach 641-236-2385
This program helps families who think they may qualify for Medicaid or Hawk-I. It allows eligibility on same day notice and covers the same benefits as Medicaid. For information, please call the Light Center, or contact EveryStep (formerly VNS) at 515-288-1516.

Mental Health

Suicide Prevention Lifeline

800-273-TALK (8255)

www.SuicidePreventionLifeline.org

Your Life Iowa: Crisis Line

855-581-8111

www.yourlifeiowa.org

Services include the CICS Mobile Response Team

Warm Line

844-775-9276

Peer-run, telephone-based, non-crisis, confidential listening line for anyone struggling with mental illness or substance use issues. The line is staffed by people who have been through a similar journey and are in recovery themselves. Calls are answered 7 days a week, 8 am – 2 am.

Providers:

Capstone Behavioral Healthcare

641-528-6065

www.capstonebh.com

After hours: 844-258-8858

200 4th Ave. West (upper level), Grinnell 50112

Capstone is a Community Mental Health Center that offers a wide range of mental health services including psychological testing, emergency care, substance abuse services, jail diversion services, and home and employment services for people with chronic mental illness. Walk-ins accepted.

Midwest Counseling, LLC

www.midwestcounselingllc.com

Grinnell Office: 818 4th Ave, Grinnell

641-236-1644

Williamsburg: 306 West State St., Williamsburg, IA 52361

319-668-1217

Shyrl Hoag, ARNP, sees all ages and offers psych med management.

All major insurance accepted; sliding scale available.

Central Iowa Community Services (CICS) – Poweshiek County

641-236-9199

www.cicsmhds.org

Fax: 641-236-1349

200 4th Ave West, Suite 202, Grinnell

E-mail: brenda.daily@cicsmhds.org

CICS provides coordination and financial support for mental health and disability services to eligible applicants. Services include service coordination, drop-in centers, mental health crisis services, outpatient non-crisis psychiatry services, housing supports, work supports, and other services. Hours: 8:00 – 4:30, M – F.

The Station Clubhouse

641-236-5325

729 Pearl Street, Grinnell

E-mail: julies@capstonebh.com

The Station Clubhouse is a psychosocial rehabilitation program for adults with a mental illness. It includes work-oriented living skills, and socialization activities in a safe and supportive environment, as well as in-home community support services.

- Healthy Homes Family Services** 641-236-0273
www.healthyhomesfs.com
 812 Commercial St., Grinnell
 In-home skill building working with children age 3 to 17 years as well as their families struggling with a child's behaviors in the home or school setting. Families must have Medicaid health insurance to qualify. All major insurances accepted for outpatient therapy. They also offer support groups.
- Davis Psychological Services, PC** 641-236-0632
www.davispsychservices.org
 Dr. Brandon Davis, MA, LMHC
 809 5th Avenue, Grinnell
- Creative Hope Counseling** 641-226-2665
 Sara Erselius, LISW, RPT
 Montezuma, IA 50171
 Offers play therapy. Provides individual and group therapy for children & adolescents.
- Gallegos Counseling, LISW** 641-781-0770
www.gallegoscounseling.com
 807 4th Ave., Grinnell
 Counselor Beth Gallegos specializes in depression, bipolar disorder, anxiety, OCD, grief and loss.
- Hope Family Counseling** 641-323-2729
www.hopefamilycounseling.net
 821 5th Ave, Suite 401, Grinnell
- Kun-Hong Lu, LISW** 641-236-8811
www.GrinnellCounseling.com
- Jeff Wells, LMFT, CADC** 641-236-4680
www.goodtherapy.org/jeff-wells-therapist.php
 Individual therapy for adults and older adolescents; substance abuse evaluation and counseling
- Jacque Perman** 641-812-2990
www.drhjperman.com
 827 1/2 Broad St., Apt. 1, Grinnell
- RedCouch Counseling** 641-990-1268
www.redcouchcounselingdsm.com
 821 5th Ave, Suite 408, Grinnell
- Steiner & Associates** 877-944-1200
www.steinerpsych.com
 Dr. Brian James Steiner
 821 5th Ave, Suite 403, Grinnell
 In Grinnell on Wednesday mornings only.

Prelude Behavioral Services (formerly MECCA)

www.PreludeIowa.org

3451 Easton Blvd, Des Moines 50317

515-262-0349

430 Southgate Ave, Iowa City 52240

319-351-4357

Prelude provides an array of services including substance abuse and problem gambling treatment, outpatient and residential treatment, halfway and transitional housing, and case management.

NAMI (National Alliance for the Mentally Ill)

641-792-2441

www.namiiaowa.com

Find a support group at this website under “Resources”.

Provider certifications:

APRN	Advanced Practice Registered Nurse
ARNP	Advanced Registered Nurse Practitioner
CADC	Certified Alcohol and Drug Counselor
DNP	Doctor of Nursing Practice
LISW	Licensed Independent Social Worker
LMFT	Licensed Marriage and Family Therapist
LMHC	Licensed Mental Health Counselor
RPT	Registered Play Therapist

Substance abuse / Support groups

Your Life Iowa: Crisis Line 855-581-8111

www.yourlifeiowa.org

Services include the CICS Mobile Response Team

Support Numbers

Substance Abuse Helpline	800-662-4357
Methamphetamine Hotline	888-664-4673
Iowa Drug and Alcohol Helpline	800-242-4111
Al-Anon	800-344-2666
AA Hotline	800-207-2172

Substance Abuse Treatment Unit of Central Iowa (SATUCI) 641-752-5421

www.satuci.com

611 4th Ave (MICA building), Grinnell

Mon. and Wed., 8:00 am – Noon, 1:00 – 5:00 pm.

Evaluations, outpatient treatment, prevention, and education, DUI/OVI evaluations and classes.

Also help with gambling prevention and treatment.

Jeff Wells, LMFT, CADC 641-236-4680

www.goodtherapy.org/jeff-wells-therapist.php

Individual therapy for adults and older adolescents; substance abuse evaluation and counseling

Alcoholics Anonymous (AA) Meetings

Tues: Big Book Meeting at 7:30 pm at St. Paul's Episcopal Church, 6th and State St., Grinnell

Wed: Big Book Meeting at Noon at United Church of Christ, 902 Broad St., Grinnell

Sat: Serenity Sisterhood at 9:30 am via Zoom, women only

For meeting link, email: grinnellaa@gmail.com

Sat: Open Meeting at 7:30 pm at St. Paul's Episcopal Church, 6th and State St., Grinnell

NOTE: At the in-person meetings, masks are required for individuals who are not vaccinated.

Narcotics Anonymous 641-236-0270

Station Club House, 729 Pearl St., Grinnell (Call for meeting times)

641-821-9565

Al-Anon Meetings

www.ia.al-anon.alateen.org

E-mail: alanogrinnell@gmail.com

Support group for families of persons with alcohol addiction.

Meeting: Every Mon. at 7:00 pm at St. Paul's Episcopal Church, 1029 State St., Grinnell

Must be vaccinated or wear a mask.

Moms off Meth (MOMs) 641-673-0336

Contact Jackie Allen Black, Crisis Intervention Services, jackie@cismc.org

Disability Services

Central Iowa Community Services (CICS) – Poweshiek County 641-236-9199
www.cicsmhds.org Fax: 641-236-1349

200 4th Ave West, Suite 202, Grinnell

E-mail: brenda.daily@cicsmhds.org

CICS provides coordination and financial support for mental health and disability services to eligible applicants. Services include service coordination, drop-in centers, mental health crisis services, outpatient non-crisis psychiatry services, housing supports, work supports, and other services.

Central Iowa Recovery 515-832-9550

200 4th Ave. West (lower level), Grinnell

The office is staffed by appointment.

Provides support during recovery and on-going care from mental illness and mental disability.

CIRSI 641-236-1382

917 Main St, Grinnell

Community-based services for the mentally disabled

Diamond Life Health Care 641-623-5715

4912 Barnes City Rd, PO Box 820, Montezuma 50171

Contact: Debbie Van Wyk

Residential Care Facility (RCF) for the mentally ill and mentally disabled

Lutheran Services in Iowa 641-792-1541

109 N. 2nd Ave. E., Newton

Services for people with mental illness or mental disability

Genesis Development

925 Broad St., Grinnell

Provides support for people with disabilities, including supported community living services.

The Arc of Poweshiek County

Contact: Karen Veerhusen-Langerud

E-mail: veerhuse@grinnell.edu

Advocacy for children and adults with intellectual and developmental disabilities.

The Arc of East Central Iowa 800-843-0272

www.arceci.org 319-365-0487 ext. 1053

680 2nd Street S.E., Suite 200, Cedar Rapids 52401

Goodwill Industries 515-265-5323

Des Moines Headquarters

Supported training and employment for mentally ill and mentally disabled.

Special Olympics Iowa 515-986-5520

551 SE Dovetail Rd., Grimes 50111

E-mail: rschwarzkopf@soiowa.org

DHS Department for the Blind
524 4th St., Des Moines 50309

515-281-1333

United States Department of Labor, Office of Disability Employment Policy

<https://www.dol.gov/odep/topics/disability.htm>

This website includes links to information and services in a number of areas including employment, health, education, etc.

Iowa Vocational Rehabilitation Services

641-352-7942

www.ivrs.iowa.gov

204 W. State Street, Marshalltown 50158

The mission of Iowa Vocational Rehabilitation Services is to work for and with individuals who have disabilities to achieve their employment, independence, and economic goals. IVRS works with sophomores in high school through adults. Services offered include: college funding, job training, employment search, assistive technology, medical and psychological assessment, physical/mental restoration services which may include therapy, wheelchairs, hearing aids, etc., job coaching, career guidance and counseling. For more information about the full spectrum of services offered, visit the website.

Domestic Violence/Sexual Assault

Domestic Abuse Hotline 800-464-8340

Sexual Abuse Hotline 800-270-1620

Family Crisis Center Domestic Abuse Hotline: 800-464-8340

www.ottumwacrisiscenter.org

PO Box 446, Ottumwa 52501

Domestic/Intimate Partner Abuse Services; for Poweshiek and 11 other counties.

24-hour crisis hotline, one-on-one DV counseling, general support services, and court advocacy.

For non-emergency communication, text the Poweshiek County advocate at 641-799-2370.

NOTE that this number is only answered during work hours.

Crisis Intervention Services (CIS) Sexual Assault Crisis Line: 800-270-1620

www.stopdvsa.org

641-673-0336

PO Box 6, Oskaloosa, IA 52577

24-hour crisis line, one-on-one counseling, general support services, court advocacy, medical advocacy, housing advocacy and shelter services.

Resources for the hearing impaired

Deaf Iowans Against Abuse

319-382-3078

Services for the deaf and hearing impaired.

Crisis Lines, V/VP: 319-531-7719

Text Only:

515-661-4015

Abused Deaf Women's Advocacy Services

www.adwas.org

Thrive Together

319-531-7719

www.thrivetogethertoday.org

4225 Glass Rd NE, Cedar Rapids, IA 52402

Services for hearing impaired

Government and Legal Services

City of Grinnell, Administrative Offices 641-236-2600

www.grinnelliowa.gov

520 4th Ave., Grinnell 50112

The entrance is on the west side of the building. Utility payments drop box is available outside.

Note: Poweshiek Iowa Development and Grinnell Housing Authority are also at this address.

Grinnell Police Department (non-emergency) 641-236-2670
1020 Spring St, Grinnell

Poweshiek County

www.poweshiekcourt.org

Juvenile Court Services 641-673-0419

200 4th Ave. West (lower level), Grinnell

Call for an appointment. Serves Poweshiek and Mahaska Counties

Magistrate Court 641-623-5153

Poweshiek County Attorney 641-623-5135

Poweshiek County Clerk of Court 641-623-5644

www.PoweshiekCounty.org/Poweshiek-clerk-of-courts/

302 East Main St., PO Box 218, Montezuma 50171

Poweshiek County Probation/Parole Office 641-673-7038

Poweshiek County Sheriff Office 641-623-5679

www.PoweshiekCoSheriff.com

4802 Barnes City Rd., PO Box 297, Montezuma 50171

State of Iowa

www.iowa.gov

Iowa Attorney General 515-281-5164

www.iowaattorneygeneral.gov

Fax: 515-281-4209

Office of Ombudsman 515-281-3592

www.legis.iowa.gov/Ombudsman

TTY: 515-242-5065

Ola Babcock Miller Building, 1112 East Grand, Des Moines 50319

Investigates grievances about state and local governments.

888-426-6283

E-mail: ombudsman@legis.iowa.gov

Iowa Court System

www.iowacourts.gov

Iowa Legislature

www.legis.iowa.gov

Iowa Legal Aid	800-532-1275
www.IowaLegalAid.org	
Legal hotline for older Iowans (M – F, 9 am – 4:30 pm)	800-992-8161
Free legal counseling for elderly and income-eligible individuals and families. Mon – Fri, 9:00 – 11:00 and 1:30 – 3:30 (except Thurs. afternoons).	
Appts available on the 3rd Thurs., 9:30 am – noon, at the Grinnell MICA office.	641-236-3923
Iowa Concern	800-447-1985
http://www.extension.iastate.edu/iowaconcern/legal.html	
Stress counselors are available by phone or one-on-one live chat. An attorney is available for legal questions by phone or e-mail. The website also lists other resources.	
Iowa Workman’s Compensation	515-281-5387
www.IowaWorkforceDevelopment.org	800-562-4692
1000 East Grand Ave., Des Moines 50319	
Find-A-Lawyer – Attorney Referral Service	800-532-1108
www.iowafindalawyer.com	
Service of the Iowa State Bar Association	
Lawyers found through this service charge \$25 for the first 30 minute consultation.	
Disability Rights IOWA	800-779-2502
www.DisabilityRightsIowa.org	TTY: 866-483-3342
666 Walnut St., Suite 1440, Des Moines 50309	Fax: 515-278-0539
Law Center to promote and defend human and legal rights of disabled and mentally ill.	

Transportation

People Rides 888-616-4298

www.region6resources.org

903 E Main, Marshalltown 50158 641-752-6202

Transportation within Grinnell, \$3.00 one way.

Transportation to out-of-town medical appointments is offered subject to driver availability.

Call at least one day in advance to schedule a ride.

See the website for more information.

Access2Care 844-544-1389

For Medicaid Non-Emergency Medical Transportation (NEMT) for Medicaid members now with fee-for-service or a Managed Care Organization.

Call center hours: M – F, 8 am – 5 pm.

Call at least 3 days prior to the appointment to schedule transportation.

Access2Care can act as a broker, helping transportation providers to receive Medicaid reimbursement for services.

Presbyterian Church Drivers Program 641-236-6059

Rides to scheduled medical and dental appointments.

Please call 2 weeks in advance if possible.

Community Hope Church 641-623-4673

Van Ministry between Montezuma and Grinnell only

Office hours: M – Th, 9:00 am – 3:00 pm.

Poweshiek County Veterans Affairs Drivers 641-236-5722

Rides for veterans to scheduled medical and dental appointments at VA facilities.

Please call at least one week in advance.

Financial Assistance

Mid-Iowa Community Action (MICA) 641-236-3923

611 4th Ave., Grinnell

Emergency funds for rent, utilities, gas vouchers for medical appointments. Low-Income Home Energy Assistance Program (LIHEAP), budgeting assistance.

The Campbell Fund 641-236-2600

City of Grinnell, 520 4th Ave., Grinnell

Financial assistance for groceries, taxi services, utilities and medical services. for income-eligible Grinnell residents.

Poweshiek County General Assistance 641-236-9199

<https://poweshiekcounty.org/general-assistance>

E-mail: afallis@poweshiekcounty.org

200 4th Ave West, Suite 202, Grinnell

General Assistance provides emergency assistance to Poweshiek County residents to meet basic needs such as food, shelter, medical and utilities. It is not intended to provide on-going, long-term assistance to any individual and/or family.

Salvation Army Poweshiek County Service Extension #261 641-623-3275

Located at the First Presbyterian Church, Montezuma

Call Welfare Secretary for information and an appointment – Darla Wilson,

Provides assistance within the county for a variety of emergency needs subject to SA guidelines.

Grinnell Ministerial Association 641-236-4748

MICA will screen candidates for rent, utilities, gas vouchers for residents of Grinnell, Malcom, Newburg, and Searsboro. Grinnell Police Department distributes one-time vouchers for hotel room and meals for transient persons.

Brooklyn Ministerial Association 641-522-9298

Presbyterian Church, 503 Clay St., Brooklyn

Montezuma Ministerial Association 641-623-3275

Local churches working together to meet needs of community residents. Community Needs fund is for emergency need and crisis situation and not for negligence, irresponsibility, or repeated use throughout the year. Application for assistance is available from client in-take worker (usually a pastor) at the Montezuma Food Pantry during their hours of operation. No immediate assistance available: may have a 72 hour wait for determination. Welfare secretary Darla Wilson available to answer inquiry calls.

Emergency Loan Program (SEG)

www.segrinnell.org/

E-mail: GrinnellMicroFinance@gmail.com

This program provides small, no-interest loans for emergencies such as car repair, temporary loss of income, or medical emergencies. It is intended to serve as an alternative to predatory loans.

Mid-Iowa Credit Counseling

Ames

888-720-9049

Waterloo

641-234-0661

Des Moines

888-272-4118

VITA (Volunteer Income Tax Assistance)

641-623-5188

In Grinnell this program is sponsored by the ISU Poweshiek County Extension Agency. It offers free tax service to people with limited income. The program runs in February and March. Call for an appointment.

Miscellaneous

National Runaway Service Crisis Line	800-621-4000
National Suicide Prevention Lifeline	800-273-TALK (8255) 515-233-2330 800-600-2330
Social Security Administration	800-772-1213
Marshalltown Social Security 2502 South 2nd St., Marshalltown 50158	877-819-2595
Drake Community Library https://drakelibrary.org/ 930 Park St., Grinnell	641-236-2661
Poweshiek County Extension Office www.extension.iastate.edu/poweshiek 114 S. 3rd St., PO Box 70, Montezuma Poweshiek County Extension can assist you with making decisions that affect your family, community, business, or farm. They rely on ISU Extension for unbiased, research-based information and education to help you make better decisions.	641-623-5188
Conflict Resolution Center of Iowa PO Box 925, Grinnell Mediation services (formerly Iowa Peace Institute)	
Habitat for Humanity PO Box 782, 402 E 1st Avenue, Newton 50208 jaspercountyhabitat@gmail.com Call to donate building items, or to check if items are available for purchase.	
United Way Fund PO Box 121, Grinnell	641-236-7575
American Red Cross www.redcross.org This phone number will direct you to the Des Moines chapter, which is the closest chapter to Poweshiek County.	800-951-5600
Assurance Wireless www.AssuranceWireless.com Federal lifeline assistance providing free cell phones to income-eligible people.	888-321-5880
Tom and Kim Cooper They offer to do errands, some transportation.	641-990-4713

House of Compassion Shelter

641-752-5999

211 W. Church St., Marshalltown 50158

Homeless shelter (men, women, and families) and soup kitchen

Christmas Shares

641-236-7402

Contact: Pam Montgomery, Grinnell

Program to help low-income families by purchasing gift items. Families should call to sign up for the program.

Christmas Joy

641-623-3275

Program offered through the Montezuma Ministerial Association to help low-income families living within the Montezuma school district with gifts for custodial children. Program collaborates with Christmas Share in Grinnell: families may sign up for one or the other program but not both. Sign up at the First Presbyterian Evangelical Church October the 4th weekend of the month: bring identification to serve as current address verification. Call for more information.