For the latest version of this Resource guide, see the Drake Community Library website (www.drakelibrary.org) under Community Resource Guide.

Please send corrections, additions, and suggestions to Emily Moore at emilymoore@iowatelecom.net
Groceries and Meals

SNAP (Food Stamps)
This is a DHS program. MICA can give families the application forms for this and other DHS programs. Call MICA at 641-236-3923. Grinnell Farmer’s Market accepts SNAP payments.

WIC Clinics (Well Child) 800-390-5293
See “Services for Expectant Mothers / New Parents,” page 8, for complete entry.

Grinnell Community Meal SJAG@grinnell.edu
Davis Elementary School Cafeteria, 818 Hamilton Ave., Grinnell
Free meal prepared by community members and Grinnell College Social Justice Action Group.
Open to anyone. Tuesdays, served from 5:45 to 6:15 pm; year around except for a few weeks in late summer and in mid-winter.

Food Recovery Network 641-236-6059
First Presbyterian Church, 1025 5th Ave., Grinnell
Prepared prepackaged food available Tuesdays, Thursdays and Saturdays. Pick up at First Presbyterian Church parking lot. Also, you can have the food delivered inside the Grinnell city limits. Food amount varies and is first-come, first-first served. At this time the food is pre-bagged and you cannot choose the food items. Most days there will be a small meal consisting of a protein, a starch and a vegetable, and sometimes just sandwiches.
If you want delivery on the mornings we distribute, you need to be home and answer your phone. Deliveries will be made sometime between 10:15 a.m. and noon. Distribution for those picking up is at noon at First Presbyterian Church parking lot. If picking up food, please wear a mask and stay inside your vehicle.
Call the church office Monday through Friday mornings at 641-236-6059, or call 641-990-1610, for more information or to sign up for delivery.

Local Foods Connection
www.LocalFoodsConnection.com
LFC partners with local farmers to provide fresh, environmentally sustainable food and nutrition education to Grinnell residents in need.

Imagine Grinnell – garden plots 641-236-5518
www.imaginegrinnell.org
PO Box 344, Grinnell
Coordinates the Grinnell Community Giving Gardens, which offer low-cost and free growing space. Plot reservations are due in the month of March; the growing season is April through November. Also provides free summer educational programming.

ISU Extension and Outreach
www.extension.iastate.edu/foodsavings/recipes/all
This website offers recipes that are low-cost and nutritious.

Meals on Wheels
Currently not available in Grinnell or Brooklyn.
May be available through Montezuma schools. Check with Angie Radeke, 641-623-5121
Food Service Supervisor. Email: aradeke@montezuma.k12.ia.us
**Food Pantries**

**Mid-Iowa Community Action (MICA) – Food Pantry**
611 4th Ave, Grinnell
641-236-3923
Operates an emergency food pantry for those in need; distributes vouchers for milk and bread provided by local churches; distributes fresh produce from local farmers. Mon – Fri, 8:30 am – 4:30 pm

**Brooklyn Food Pantry**
Church: 641-522-7715
St. Patrick’s Catholic Church, 211 Jackson St. (alley entry)
Wed. 2:00 – 6:00 pm. Contact: Mary Carlson

**Malcom Food Pantry**
641-528-4004
Methodist Church Basement
Thurs. 4:00 – 6:00 pm

**Montezuma Food Pantry**
641-623-3275
Community Hope Church
501 N. Front St., east building
Mon. 10:00 am – 12:30 pm, Wed. 2:00 – 4:30 pm, Thurs. 4:30 – 6:30 pm, Fri. 1:00 – 3:00 pm
The client choice pantry is for Poweshiek county residents only. Clients must meet government guidelines of household income not over 185% of federal poverty threshold and have updated ID to serve as address verification and list all living in the household with DOB, and SS.

**Malcom Mobile Food Pantry**
City office. Not right number. 641-528-4245
Malcom Auditorium, 212 Main St., Malcom
Food from NEIA (Northeast Iowa) Food Bank
The 1st Wed. of every month, 5:00 – 6:45 pm or until supply runs out.

**Food in the Schools**

**Free and reduced lunch program**
Paid for through USDA, this program offers free and reduced-cost lunches to income-eligible children. Sign up through the schools.

**Summer lunch program**
Grinnell schools 641-236-2668
Food Service Director: Carrie Nachazel E-mail: carrie.nachazel@grinnell-k12.org
High School: Sign up on website. Pick up Mon. and Wed., 11:00 – noon.
Montezuma schools 641-623-5121
Food Service Supervisor: Angie Radeke E-mail: aradeke@montezuma.k12.ia.us

**Grinnell Tiger Packs and HS food pantry**
Food is placed in backpacks for students in need identified by school staff or family.
Address questions to the Grinnell elementary and middle schools.
Grinnell High School has a small clothes closet and food pantry.

**Montezuma Backpack Program:** Contact the schools 641-623-5121
Housing*

Grinnell Housing Authority 641-236-2611
520 4th Ave, Grinnell 50112
https://www.grinnelliowa.gov/300/Low-Rent-Housing
E-mail: rentassist@iowatelecom.net
Rent assistance for income-eligible elderly, disabled, and families, funded by HUD. Eligible families select their own rental units anywhere in Poweshiek County. Applications are accepted continuously. Hours: 8:00 – 3:30, M – Th.

Income-based Housing for Families
Arbors Apartments 401 Washington Avenue, 2 & 3 BR 641-236-9233
Center Street Apartments 506 Center Street, 2 BR 641-236-6679
Grinnell Park Apartments 223 4th Avenue West, 1 & 2 BR 800-394-1288
Spaulding Lofts 827 4th Avenue, 1 & 2 BR 515-221-6696
Westfield Apartments 308 4th Avenue West, 1 & 2 BR 641-236-8909

Income-based Housing for Elderly** and Disabled (in Grinnell)
Grinnell Area Housing, 214 4th Avenue W. 641-236-6679
  Brookside East
  Brookside West 131 Fourth Avenue West
  Brookside South 214 Fourth Avenue West
  Monropark Apartments
  Pearl Street Apartments 729 Pearl St.
  Poynter Apartments (for CMI) 412 Third Avenue
Grinnell Estates, 2020 West St. 641-236-0102
Spaulding Lofts 827 4th Avenue 515-221-6696

Income-based Housing for Elderly** and Disabled (outside Grinnell)
Barnes City Housing, Financial Service Group, Inc 319-664-3002
Brooklyn Housing, Inc., Karen McNaul 641-623-5026
Deep River Housing, Financial Service Group, Inc 319-664-3002
Malcom Manor, Karen McNaul 641-623-5026
Montezuma, Sunny View Square, Grinnell Area Housing 641-236-6679
Searsboro Manor Apartments, Financial Service Group, Inc 319-664-3002
Victor Senior Housing, National Management 515-223-0300

Notes:
* For nursing homes see “Services for the Elderly”
** Elderly here means 62 and over.

Fair Housing Center 800-669-3247
Deals with issues of discrimination and with landlord-tenant issues.
Housing Assistance

Rolling Hills
Resource for financial assistance for the homeless or people facing eviction.
Instructions:
1. Call the Waypoint Call Center (833-739-0065). The line is available 24 hour/day, though it is best to call 8:00 pm – 8:00 am. If no answer, keep trying.
2. Talk to a person. Do not leave a message. Be ready to provide information about unpaid rent at current and/or prior rental, and unpaid utility account numbers. Account statements will be required.
3. Calls are referred to Rolling Hills. A case manager will then contact the person requesting assistance.

Iowa Finance Authority
www.iowafinanceauthority.gov/Programs/Affordable-Homeownership
2015 Grand Ave., Des Moines, Iowa 50312
Services may include down payment assistance for both first-time home buyers and previous homeowners. Military Homeownership Assistance programs. Some grant funds may also be available.

REGION 6 Housing Trust Fund
641-752-0717
Income-based funding for new home buyers, existing homeowners, rental property owners, and other affordable housing projects may qualify.

USDA Rural Development – Iowa
Single Family Home Loan Guarantees
515-284-4667
www.rd.usda.gov/programs-services/single-family-housing-guaranteed-loan-program/ia
Program assists approved lenders in providing low- and moderate-income households the opportunity to own a home. Work directly with approved lender.

Single Family Housing Direct Home Loans
641-932-3031
www.rd.usda.gov/programs-services/single-family-housing-direct-home-loans/ia
Program assists low- and very-low-income applicants obtain homeownership. Contact local USDA office – Poweshiek County Area 5.
Contact Albia Area Office

Weatherization program
641-236-3923
https://www.micaonline.org/housing
To apply for this government-funded program, applicants must first apply for LIHEAP. Even if income is above limit for LIHEAP, you may qualify for weatherization. Funds are both for homeowners and for renters. Applications are accepted year-around through MICA.

Hometown Care Energy Fund
866-ALLIANT (866-255-4268)
www.AlliantEnergy.com
On this website, click on “Help with your bill”.
Eligible Alliant Energy customers can use this fund to help pay energy bills. Applications are accepted when funds are available. Call MICA (641-236-3923) for information and to apply.
Furniture and Clothing

Second Mile
515 3rd Ave., Grinnell
Shopping: M,T,W,F 9:00 am – 3:00 pm; Th 9:00 am – 5:00 pm
Donations by appointment.
Inexpensive used clothing, furniture, and much more.
Contact: Deanna Vogt.
641-236-7892

Rummaging Around
714 4th Ave, Grinnell
Current hours: M – F, 9 – 6; Sat 9 – 4.
641-236-0963

Live Now Consignment
914 Main St., Grinnell
563-265-8002

Montezuma Free Clothes Closet
109 South 4th St., Montezuma
Tues., Noon – 5:00 pm; Thurs., 9:00 am – 5:00 pm.
641-623-5410

Tracy’s Treasures
403 E. Main St., Montezuma
Mostly clothes, but call to check if she has furniture.
641-990-2944

White’s Consignment
806 S. Front St., Montezuma
641-623-2208

Once and Again Consignment
102 N. Orchard St., Brooklyn

Salvation Army Poweshiek County Service Extension #261
303 E. Washington, Montezuma
402-898-5942
Services for Expectant Mothers / New Parents

GRMC’s Before Baby and Beyond Program 641-236-2324
Kintzinger Women’s Health Center, Grinnell Regional Medical Center
Educational program for expecting mothers, preparation for labor, delivery, and infant care. All parents who deliver at GRMC are encouraged to enroll in this free program.

Grinnell Regional Babies Room Parenting Classes 641-236-2385
Light Center, 306 Fourth Ave, Grinnell
Free parenting classes are held the 3rd Tuesday and 3rd Thursday of the month, 4:30 – 5:30. The Grinnell Babies Room Program provides incentives and educational opportunities to women who are pregnant or who have a child less than 3 years old. Incentive points can be redeemed for items for care of your infant or toddler. This program provides support for women to care for themselves as they raise healthy children.

Prenatal / Childbirth Classes 236-2324
Tomasek Room, GRMC
Classes are offered as three evening sessions or all day Saturday. Call for schedule.

Certified Lactation Consultant 641-236-2385
Consultation services are available to any mother wishing to breastfeed her baby. Call public health and ask to set up an appointment.

Immunization Clinic 641-236-2385
www.unitypoint.org/grinnell/public-health
Light Center for Community Health, 306 4th Ave., Grinnell
Call for an appointment.

WIC Clinics (Women, Infant, Children Nutrition) 800-390-5293
Clinics are run out of the MICA office in Marshalltown. 641-753-4816
The current hours are listed below. Call in advance to sign up and to check times.
   In Grinnell: Light Center for Community Health, 306 4th Ave.
       3rd Tues., 8:30 am – 4:00 pm; 4th Tues., 8:30 am – 5:30 pm.
   In Brooklyn: United Methodist Church, 603 Clay Street.
       3rd Mon., 9:00 am – 2:00 pm
WIC gives vouchers for formula, milk, and nutritious food supplies, and medical referrals for income-eligible pregnant women, nursing mothers, and children to five years of age.

Big Hands 4 Tiny Hearts 641-236-5518
Support for NICU Babies and Families, Poweshiek County Residents
Services for Children/Youth and Families

**Mid-Iowa Community Action (MICA)**
641-236-3923  
www.micaonline.org  FAX: 641-236-8704  
611 4th Ave., Grinnell  
MICA is a private, non-profit organization serving children and families in central Iowa. Our vision is that MICA, in collaboration with our community partners, leads efforts to strengthen families and communities. Together, we create communities where fewer people find themselves in poverty and those who do, have a path out.  
Services: Family Development Center; Head Start; Women, Infants and Children (WIC); Low-Income Home Energy Assistance Program (LIHEAP); house weatherization services; food pantry; family development programs; information and referrals for crisis intervention services.

**Area Education Agency (AEA 267)**
800-735-1539  
www.CentralRiversAEA.org  
909 South 12th Street, Marshalltown, IA 50158 641-753-3564  
Early Childhood services, services for children with disabilities, work experience.

**Family Team Meetings** (for families before DHS intervenes)  
641-236-2385  
Grinnell Regional Public Health, Light Center  
Sometimes families need assistance in developing a plan for a problem or concern. A Family Team Meeting is a meeting of people chosen by the family to identify family strengths, needs, and resources. A plan is created that provides for the safety and wellbeing of children in the family. To refer or schedule a family team meeting, please call Grinnell Regional Public Health.

**Iowa Department of Human Services (DHS)**
641-792-1955  
www.dhs.iowa.gov  Fax: 515-564-4017  
115 North Second Ave. East, Suite H, Newton 50208 800-342-0829  

**Children and Families of Iowa (CFI)**
641-954-1233  
www.cfiowa.org  
111 East Main St., Ottumwa 52501  
Mental Health Services, Family-Centered Services. Programs include 24/7 Dads, Community Partnerships for Protecting Children (CPPC), and DHS program Parent Partners.

**Parent Partners (DHS program)**
515-281-0617  
www.dhs.iowa.gov (search for Parent Partners)  
Apply through DHS.  
This program is about parents helping parents who are involved with the child welfare system. Parent advocates are birth parents who have been through the “system” and have had successfully resolved cases. The primary goal is to help birth parents get their children returned to them. Parent partners provide support and motivation for those parents who need the extra push to begin their case plan activities. The program is funded by Iowa DHS and administered by Children and Families of Iowa.
Capstone is a Community Mental Health Center that offers a wide range of mental health services including psychological testing, emergency care, substance abuse services, jail diversion services, and home and employment services for people with chronic mental illness. Walk-ins accepted.

Creative Hope Counseling
Sara Erselius, LISW, RPT
Montezuma
Offers play therapy. Provides individual and group therapy for children & adolescents.

NOTE: For other counseling services, see the section on Mental Health, page 25.

Central Iowa In-Home Services
www.cijdc.com
Behavior Health Intervention Services (BHIS)
Clients must be Title 19 eligible. They may be referred by parents, JCO, DHS, school or other professionals.

Healthy Homes Family Services
www.healthyhomesfs.com
812 Commercial St, Grinnell
Behavior Health Intervention Services (BHIS)
In-home skill building working with children age 3 to 17 years as well as their families struggling with a child’s behaviors in the home or school setting. Medicaid and other major insurance are accepted. They also offer support groups.

Central Iowa Community Services (CICS) – Poweshiek County
www.cicshds.org
Fax: 641-236-1349
200 4th Ave West, Suite 202, Grinnell
E-mail: brenda.daily@cicshds.org
CICS provides coordination and financial support for mental health and disability services to eligible applicants. Services include service coordination, drop-in centers, mental health crisis services, outpatient non-crisis psychiatry services, housing supports, work supports, and other services. Hours: 8:00 – 4:30, M – F.

Four Oaks
www.fouroaks.org
821 5th Ave, Suite 412, Grinnell
A safety and permanency option that partners with DHS to keep and/or reunite children with their families.

Youth & Shelter Services of Marshall County – Host Home & TLP
www.yss.org
22 North Center St., Marshalltown 50158
Lighthouse Homes and apartments serve as residences for a unique Transitional Living Program targeting homeless, pregnant young women and young parents, ages 16-25. Shelter for young adults aging out of foster care. The program helps non-system-involved young mothers and fathers become independent and self-sufficient.
Child Care Resource and Referral – CCR&R, Region 4  
www.iowacrrr.org  
Central office:  808 5th Ave., Des Moines  50309  
2713 No. 4th Ave. E., Newton, IA 50208  
Phone for Jasper, Marion, and Poweshiek Co.  
641-820-1923  
CCR&R provides information about childcare providers; advocacy for childcare programs; parent referrals.  This program is funded through DHS.

Early Care and Education (ECE)  
641-792-KIDS (5437)  
550 N 2nd Ave. W., Newton 50208  
This is an ISU Extension Agency program that serves Jasper, Poweshiek, and Marion Counties.  It offers professional development classes for childcare providers.

Child Support Recovery Unit (CSRU)  
888-229-9223  
www.childsupport.ia.gov  
204 1/2 West State Street, Marshalltown  
641-753-6408

Internet resources  
www.dhs.iowa.gov  
Click on A to Z Services to see a list of services available from DHS.

www.zerotothree.org.  This website has some useful pamphlets from the American Pediatric Assn. and other sources discussing stages of child development.
Youth Activities

After-School Programs

LINK Grinnell
www.linkgrinnell.org
Davis elementary school, 818 Hamilton Ave., Grinnell
LINK offers after-school programming, full-day programs for non-school days, and a summer program with activities. A sliding scale for fees is available.

Grinnell Area Arts Council (GAAC)
www.grinnellarts.org
926 Broad St., Grinnell
The Studio-6 after-school art program is starting again in the fall 2021, on T/W/Th. Call to register.

Malcom-Sheridan Youth and After School Program
Contact: Dawn Hamilton (cell: 641-990-4300)
Tuesdays, 3:30 – 6:00, at the United Methodist Church

Other programs and activities

Drake Community Library
www.drakelibrary.org
930 Park St., Grinnell
See their website for Story Time and other programs for children and youth.

LINK Grinnell mentoring program
www.linkgrinnell.org
LINK’s mentoring program matches adults with children to give children a positive role model. This program replaces Big Brothers / Big Sisters.

Grinnell Recreation Department
www.grinnelliowa.gov (under Departments, find Parks and Recreation.)
Mailing address: 520 4th Ave, Grinnell
Physical address: 1500 Penrose St., Grinnell
Programming for families, children, and youth. Scholarships are available for income-eligible families.

Grinnell Little League
http://tshq.bluesombrero.com/grinnellball
E-mail: GrinnellLittleLeague@gmail.com
PO Box 718, Grinnell
The Grinnell Little League’s mission is to teach youth, ages 4 – 14, the fundamentals of baseball and softball in a safe and fun environment.
Girl Scouts of America 641-236-6403
E-mail: lmtish@iowatelecom.net

Boy Scouts of America 641-990-8405
E-mail: sokol.mike@hotmail.com
Website: www.beascout.org

Poweshiek County Extension – 4-H Program 641-623-5188
www.extension.iastate.edu/poweshiek
4-H empowers youth to reach their full potential working and learning in partnership with caring adults. To contact a club or join 4-H call Cathy Lents or visit the website.

Newton YMCA 641-792-4006
www.newtonymca.org
1701 S. Eighth Ave. E., Newton 50208
Services for the Elderly

**Housing**

**Grinnell Health Care Center**
www.grinnellhealthcarecenter.com  
415 6th Avenue West, Grinnell  
24-hour nursing care, fees vary

**Mayflower Homes, Inc.**
www.mayflowerhomes.com  
616 Broad St., Grinnell  
Patio homes, Apartments, Assisted living, and 24-hour nursing care

**Saint Francis Manor**
www.stfrancismanor.com  
2021 4th Ave., Grinnell  
24-hour nursing care

**Seeland Park**
www.stfrancismanor.com  
2021 4th Ave., Grinnell  
Duplexes, apartments, assisted living

**Windsor Manor**
www.windsor-manor.com  
229 Pearl Street, Grinnell  
Assisted living community

**Brooklyn Community Estates**
www.bcecares.com  
406 North St., Brooklyn 52211  
24-hour long-term and respite care

**Montezuma Nursing & Rehabilitation Center**
www.careinitiatives.org/montezuma-specialty-care  
316 Meadow Lane Dr., Montezuma 50171  
24-hour nursing care

**Services and Activities**

**Grinnell Senior Center**
927 4th Ave.  
Meals on Wheels, social activities, and referrals. Healthy Lifestyle Coordinator

**Brooklyn Activity Center**
122 Jackson St., Brooklyn  
Meals, social activities.
Poweshiek County Healthy Lifestyles Center
(formerly Northeast Iowa Area Agency on Aging)
www.nei3a.org
Aging and disability resources to maintain independence. Services include Case Management. Clients must first sign up for Medicaid. Contact Life-Long Links (below) for this.

Life-Long Links
Call to complete a needs assessment form to access the aging and disability resources of the Northeast Iowa Area Agency on Aging.

Senior Health Insurance Information Program (SHIIP) 641-236-2588
Trained volunteers explain Medicare, Medicaid, and insurance billing. Free service.

DHS Department on Aging 515-725-3333
510 East 12th Street, Suite 2
Long-Term Care Ombudsman: Advocate for care facility residents 515-725-3327

Poweshiek County Veterans Affairs 641-236-5722
200 4th Ave West (lower level), Grinnell
Mon, Tues, Thurs, Fri: 8:30 am – 2:00 pm; Wed. 8:30 am – 1:00 pm.

Veterans Affairs (VA) www.centraliowa.va.gov
Crisis Line 800-273-TALK (8255) Press 1
Women Vets Hotline 855-VA-WOMEN (829-6636)
Regional Benefits Office 800-827-1000
210 Walnut St., Des Moines 50309
VA Clinic 641-754-6700
101 Iowa Ave.West, Marshalltown 50158
VA Health Care 319-338-0581
601 Highway 6 West, Iowa City 52246
Telephone Care (VA Nurse) 844-827-6855
M – F, 4 pm – 8 am; 24 hours on weekends and federal holidays.
Education

Preschools

Head Start  
Contact the Head Start Specialist at MICA.  
611 4th Ave., Grinnell  
Head Start is a federally-funded preschool program for children ages three through five, providing children the social, educational, health and nutritional services they need to grow up healthy, happy, and confident.

Grinnell Community Early Learning Center  
www.grinnellcommunitydaycare.com  
1436 Penrose, Grinnell  
E-mail: director@grinnellcommunitydaycare.com

Grinnell Newburg Preschool (public)  
1310 Hobart St. (at Fairview School), Grinnell

Grinnell UCC Community Preschool  
www.grinnellUCCpreschool.com  
UCC Congressional Church, 902 Broad Street, Grinnell

Grinnell College Preschool  
1022 Park Street, Grinnell  
E-mail: veerhuse@grinnell.edu

Brooklyn Preschool (public)  
1090 Jackson Street, Brooklyn 52211

Montezuma Preschool (public)  
504 N. 4th Street, Montezuma 50171

Schools

Grinnell – Newburg Community School District  
www.grinnell-k12.org  
Administrative Office: 925 Broad St., Grinnell

Fairview Elementary School: grades preschool – 2  
1310 Hobart St.  
Bailey Park Elementary School: grades K – 2  
210 Eighth Ave.  
Davis Elementary School: grades 3 – 4  
818 Hamilton Ave.  
Grinnell Middle School: grades 5 – 8  
132 East Street South  
Grinnell High School: grades 9 – 12  
1333 Sunset  
Independent Learning Center (ILC)  
1333 Sunset
Brooklyn – Guernsey – Malcom Community School District  Elem. 641-522-9268
www.brooklyn.k12.ia.us  Secondary 641-522-7058
1090 Jackson Street, Brooklyn  52211

Lynnville – Sully Community School District  641-594-4445
www.lshawks.org
12476 Hwy F62 E., Sully  50251

Montezuma Community School District  641-623-5121
www.montezuma-schools.org
504 N. 4th Street, Montezuma  50171

Central Iowa Christian School:  grades K – 8 (private)  641-236-3000
www.centraliowachristianschool.org
201 380th Avenue, Grinnell

Iowa Valley Community College District (IVCCD)  641-236-0513
www.iavalley.edu
Grinnell Campus:  123 6th Avenue West, Grinnell
Call or see website for programs including High School Equivalency Diploma (HSED, formerly GED), ESL tutoring, continuing education classes

Education Agencies and Services

Area Education Agency (AEA 267)  800-735-1539
www.centralriversaea.org
909 South 12th Street, Marshalltown, IA 50158  641-753-3564
Early Childhood services, services for children with disabilities; work experience.

English Language Learners (ELL)  641-236-2750
Tutoring available through the Grinnell public schools
E-mail: Carlos.Gallegos@grinnell-K12.org

Network of Iowa Christian Home Educators (NICHE)  515-478-5454
https://homeschooliowa.org  800-723-0438
PO Box 158, Dexter 50070
E-mail: contact@homeschooliowa.org
Employment Agencies

**Iowa Workforce Development**

www.iowaworkforcedevelopment.gov
Southgate Plaza – 100 Iowa Ave. West, Suite 200, Marshalltown 50158 641-754-1400
Fax: 641-754-1443
200 Army Post Road, Des Moines 50315 515-281-9619

**Promise Jobs**

www.iowaworkforcedevelopment.gov/promise-jobs
Provides work experience opportunities, job skills training, and family development to FIP recipients. To schedule a meeting in Grinnell, call the Marshalltown number listed here.

**Denison Job Corps Center**

http://denison.jobcorps.gov/ 800-733-5627
10 Opportunity Dr., Denison IA 51442 712-265-2300
For young women and men 16-24 years old and solo parent program.
Second chance to graduate; vocational training. Must meet educational guidelines.

**Mid-Iowa Community Action (MICA)**

641-236-3923
MICA has information on applying for jobs. Through the Strong Parents Strong Children (SPSC) program they offer job coaching.

**Iowa Vocational Rehabilitation Services**

www.ivrs.iowa.gov
101 Iowa Ave. West, Suite 200, Marshalltown, IA 50158 641-352-7942
The mission of the Iowa Vocational Rehabilitation Services is to work for and with individuals who have disabilities to achieve their employment, independence, and economic goals. IVRS works with sophomores in high school through adults. Services offered include: college funding, job training, employment search, assistive technology, medical and psychological assessment, physical/mental restoration services which may include therapy, wheelchairs, hearing aids, etc., job coaching, career guidance and counseling. For more information about the full spectrum of services offered, visit the website.

**Aventure**

www.aventure.com 712-258-2453
No longer has an office in Grinnell. See website for locations.

**First Class Staffing**

929 Broad Street, Grinnell 641-236-6808

**QPS Employment Group, Inc.**

www.qpsemployment.com 641-454-5656
1108 West St, Grinnell

**Temp Associates**

641-236-9220
1029 Broad Street, Grinnell
Health and Medical Services

Hospital and related health centers

UnityPoint Health Grinnell Regional Medical Center
www.unitypoint.org/grinnell
210 4th Ave., Grinnell
641-236-7511
E.R. 641-236-2380

Light Center: UnityPoint Health – Grinnell Public Health
www.unitypoint.org/grinnell/public-health
306 Fourth Avenue, Grinnell
641-236-2385
Immunization clinics, communicable disease control, community care clinic, lead tests.

Postels Community Health Park
www.unitypoint.org/grinnell/postels-community-health-park
807 Broad St., Grinnell
641-236-2953
Massage and relaxation therapies, physical therapy, reflexology, etc.

Paul W. Ahrens Fitness Center
www.unitypoint.org/grinnell/fitness-and-wellness
824 Commercial St., Grinnell (Postels Community Health Park)
641-236-2999
Exercise classes; personal trainer available. No on-site childcare at this time; check website.
Immediate family members of inpatients may use the PWA Fitness Center at no cost.

Programs at UnityPoint / GRMC facilities

Manatt Walk-In Care Clinic (urgent care)
www.unitypoint.org/grinnell/walk-in-care
Ahrens Medical Arts Building, 202 Fourth Ave., Suite 100
Mon – Fri, 8 am – 7 pm.; Sat, 8 am – 2 pm. Check in on first floor.
641-236-2323

Grinnell Regional Community Care Clinic (Free Clinic)
Light Center. 1st and 3rd Thurs. of the month, 2 – 4 pm. Call for an appointment.
Free medical services for uninsured, low-income residents of Poweshiek County.
641-236-2385

Blood Pressure Clinic
Light Center. Thurs. 1 – 2 pm. Free; no appointment needed.
641-236-2385

Grinnell Regional Babies Room
See “Services for Expectant Mothers,” page 8, for complete entry.
641-236-2385

WIC Clinics (Well Child)
Call the Marshalltown MICA office for an appointment in Grinnell or Brooklyn.
See “Services for Expectant Mothers,” page 8, for complete entry.
800-390-5293

Immunization Clinic
Light Center, 306 Fourth Ave., Grinnell
641-236-2385
Call for an appointment.
Grinnell Regional Home Care 641-236-0401
www.unitypoint.org/homecare/grinnell
UnityPoint at Home, 704 Industrial Ave., Suite 101, Grinnell
A home health agency

Adult Foot Care Clinic 641-236-2385
Light Center. 2nd and 4th Thurs., 9:00 am – noon.
Call Grinnell Regional Home Care for an appointment.

Grinnell Regional Women’s Health Clinic 641-236-2905
Ahrens Medical Arts Building, 2nd floor.

Grinnell Regional Hospice 641-236-2418
Support with end-of-life care, both in-home and in the hospital (GRMC).

Non-GRMC Medical Services

Midwest Ambulance Service of Iowa 641-236-4080
Emergency: 911
Non-emergency:

Iowa Department of Public Health 515-281-7689
www.idph.iowa.gov 866-227-9878
321 E. 12th Street, Des Moines 50319-0075

Referral Source 211.org
Phone: 211
Through United Way. They offer free and confidential information for help with food, housing, employment, health care, counseling, and more.

Veterans Affairs (VA) Regional Benefits Office 800-827-1000
www.centraliowa.va.gov
210 Walnut St., Des Moines
For more information see entry in Services for Elderly, page 15.

PhRMA Medicine Assistance Tool (MAT) 571-350-8643
www.medicineassistance-tool.org
MAT is a search engine for support programs and resources from the biopharmaceutical industry.

SafeNet Rx (Formerly Iowa Prescription Drug Corp.) 866-282-5817
www.safenetrx.org
$3 Medication Voucher Program

NeedyMeds 800-503-6897
www.needymeds.org
Prescription drug card offers discounts at certain pharmacies.
Home Health Agencies – Community Services of St. Francis
https://www.stfrancismanor.com/get-well-stay-healthy/home-healthcare
2021 4th Ave., Grinnell

Iowa Department of Human Services (DHS)
www.dhs.iowa.gov
Jasper County DHS
E-mail: Claspe01@dhs.state.ia.us
Grinnell office: 717 5th Ave., Suite 6. (by appt., served by Jasper County office)
Services include SNAP (food stamps), medical assistance, and services for children and families.
   Local Child/Adult Abuse Hotline
   State-wide child/dependent adult Abuse Hotline

Iowa Brain Injury Information Center
Brain Injury Association of Iowa
317 East 6th Street, Des Moines 50309

Iowa Poison Control Center
www.iowapoison.org
Emergency: 800-222-1222
401 Douglas Street., Ste. 501, Sioux City 51101

Total Rehab
234 West St, Grinnell
Orthopedic & sports specialists, physical therapy, strength & conditioning, work posture education

EveryStep (formerly Visiting Nurse Services of Iowa)
www.EveryStep.org
1111 9th St. Ste. 320, Des Moines 50314

Dental Services

I-Smile
https://ISmile.idph.iowa.gov
I-Smile Coordinator: E-mail: mwoodhouse@marionph.org 641-828-2238 x3840
Child dental screenings at the Light Center the 3rd and 4th Tuesdays of the month.

Mother-Child Wellness Program
Serves families in Mahaska, Poweshiek, and Jasper Counties who have household income of 200 percent of poverty level or under. They can assist in finding dental care and screenings.

Poweshiek County Dental Coalition
E-mail: PoweshiekDentalCoalition@gmail.com
Promotes screening and dental clinics for children 0 – 18. Voucher funds are available for dental care for children who are underserved. Offers education program for preschools.

Broadlawns Medical Center – Dental Clinic
https://www.broadlawns.org/clinics-and-services/dental
Medical Plaza, Third Floor, 1761 Hickman Rd., Des Moines, IA 50314
Dental services for patients of all ages from children to adults.
University of Iowa Stead Family Children’s Hospital 319-353-6711
www.uichildrens.org/medical-services/dentistry 877-686-0031
100 Hawkins Drive, Iowa City, IA 52242
Dental services for infants, children, and young adults (under age 21), including patients with special health needs. Call for an appointment.

Dental Lifeline Network Iowa 515-251-8000
www.DentalLifeline.org/iowa/
9000 Northpark Drive, Johnston, IA 50131
Donated dental services. Applicants must lack adequate income, have a permanent disability or are elderly (age 65 or older) or qualify as medically fragile.
Contact Diane Wells, coordinator. dwells@DentalLifeline.org

Vision

Lion’s Club
Referrals are through school nurses and support staff.
They do screenings in Head Start and other preschool classrooms and help provide glasses to children from low-income families.

Prevent Blindness Iowa 515-244-4341
https://iowa.preventblindness.org/
1111 Ninth St., Suite 250, Des Moines 50314
Sight for Students program. Referrals and applications are available through school nurses and support staff. Works to prevent blindness through education, screening, and support of research.

Iowa KidSight 319-353-7616
(Joint project of Lions Clubs of Iowa and UI Children’s Hospital, Dept. of Ophthalmology and Visual Sciences.)
www.IowaKidSight.org
2431 Coral Court #5, Coralville, IA 52241
Offers screenings for children 6 months of age through kindergarten

Infantsee
www.infantsee.org
Participating optometrists provide a one-time comprehensive infant eye assessment for children between 6 and 12 months of age, as a no-cost public service. Use the website to locate participating optometrists.

Hearing

Iowa Dept. of Human Rights
https://humanrights.iowa.gov/cas/ds/resources/funding-hearing-aids
Website lists sources for funding for hearing aids.
Support Groups*

Bariatric Surgery Patient Support Group
Tomasek Conference Center, GRMC, 1st Saturday, 9 – 11 am.
This group provides education for GRMC patients who have had gastric bypass surgery.

Breastfeeding Class
Given once per quarter. Call for information.

Breastfeeding Support Group
Light Center, First Tues. of each month, 10:30 am.

Cancer Support Group
Every Tuesday, 9:30 – 10:30 am. Room 204, GRMC

Caregivers Support Group
First Presbyterian Church, 1025 5th Ave, Grinnell
2nd and 4th Tues. of each month, 10 – 11 am.

Diabetes Support Group
East Tomasek Room, GRMC. Generally meets 2nd Monday of odd months, 7 – 8 pm.
This comprehensive diabetes support group includes a visit with the dietitian and diabetes educator. Speakers and topics vary.

Grief Support Group
Drake Community Library, 930 Park St., Grinnell, 2nd Wed. of each month, 10 – 11 a.m.

Meet and Eat Bereavement Support
Tomasek Conference Center, GRMC, 1st Sunday of the month, 5:30 pm.
This bereavement support group provides social opportunities for widows and widowers. Individuals gather for a meal and social activities.

Perinatal Loss Support Group
East Tomasek Room, GRMC. Meets quarterly. Call for dates and times.

Lyme Disease Support Group
Support group for those who suffer from Lyme disease and their family or support persons. The group provides educational speakers, support, and discussion of treatment modalities. Contact: Dale Lamb, Lamb Law Office

Alcoholics Anonymous (AA) and Al-Anon
For a schedule of meetings, see the section on Substance abuse / Support groups, page 28.

ANAD: Nat’l Assoc. of Anorexia Nervosa and Associated Disorders
410 Washington, Lot 31, Grinnell. Mon. 7:30 – 8:30 pm
Contact: Brooke Burkett.
Support group for men and women with bulimia or anorexia.

*NOTE: Many of these groups may be dormant due to COVID, so information here may be out of date. Check with UnityPoint Hospital.
Medical Equipment

Grinnell Regional Home Care, Loan Closet
306 4th Avenue, Grinnell (Light Center) 641-236-2385

NuCara Home Medical 641-792-9339
1719 1st Ave. E., Newton

Lincare 515-223-6078
Urbandale, IA

Long Term Medical Supply
929 Broad St., Grinnell

Medical Insurance

Hawk-I 800-257-8563
https://dhs.iowa.gov/hawki
E-mail: Hawki@dhs.state.ia.us
No- or low-cost health care coverage for children in working, income-eligible families.

Medicaid (also called Title 19) 800-338-8366
www.dhs.iowa.gov
Ways to apply for Medicaid:
   Online: https://dhsservices.iowa.gov/apspssp/ssp.portal
   Call: 1-855-889-7985
   Mail a completed application: Imaging Center 4, PO Box 2027, Cedar Rapids, IA 52406
   See page 2 of this large document for complete instructions for applying for Medicaid.

Iowa Health and Wellness Plan 800-338-8366
www.dhs.iowa.gov (Link to Medicaid.)
This is an Iowa Medicaid program, new in 2014, that covers adults ages 19 to 64. Eligible member income is at or below 100 percent of the Federal Poverty Level.

Outreach 641-236-2385
This program helps families who think they may qualify for Medicaid or Hawk-I. It allows eligibility on same day notice and covers the same benefits as Medicaid. For information, please call the Light Center, or contact EveryStep (formerly VNS) at 515-288-1516.
Mental Health

Suicide Prevention Lifeline 800-273-TALK (8255)
www.SuicidePreventionLifeline.org

Your Life Iowa: Crisis Line 855-581-8111
www.yourlifeiowa.org
Services include the CICS Mobile Response Team

Warm Line 844-775-9276
Peer-run, telephone-based, non-crisis, confidential listening line for anyone struggling with mental illness or substance use issues. The line is staffed by people who have been through a similar journey and are in recovery themselves. Calls are answered 7 days a week, 8 am – 2 am.

Providers:

Capstone Behavioral Healthcare 641-528-6065
www.capstonebh.com After hours: 844-258-8858
200 4th Ave. West (upper level), Grinnell 50112
Capstone is a Community Mental Health Center that offers a wide range of mental health services including psychological testing, emergency care, substance abuse services, jail diversion services, and home and employment services for people with chronic mental illness. Walk-ins accepted.

Midwest Counseling, LLC 641-236-1644
www.midwestcounselingllc.com
Grinnell Office: 818 4th Ave, Grinnell
Williamsburg: 306 West State St., Williamsburg, IA 52361 319-668-1217
Shyrl Hoag, ARNP, sees all ages and offers psych med management. All major insurance accepted; sliding scale available.

Central Iowa Community Services (CICS) – Poweshiek County 641-236-9199
www.cicsmhds.org Fax: 641-236-1349
200 4th Ave West, Suite 202, Grinnell
E-mail: brenda.daily@cicsmhds.org
CICS provides coordination and financial support for mental health and disability services to eligible applicants. Services include service coordination, drop-in centers, mental health crisis services, outpatient non-crisis psychiatry services, housing supports, work supports, and other services. Hours: 8:00 – 4:30, M – F.

The Station Clubhouse 641-236-5325
729 Pearl Street, Grinnell
E-mail: julies@capstonebh.com
The Station Clubhouse is a psychosocial rehabilitation program for adults with a mental illness. It includes work-oriented living skills, and socialization activities in a safe and supportive environment, as well as in-home community support services.
Healthy Homes Family Services 641-236-0273
www.healthyhomesfs.com
812 Commercial St., Grinnell
In-home skill building working with children age 3 to 17 years as well as their families struggling with a child’s behaviors in the home or school setting. Families must have Medicaid health insurance to qualify. All major insurances accepted for outpatient therapy. They also offer support groups.

Davis Psychological Services, PC 641-236-0632
www.davispsychservices.org
Dr. Brandon Davis, MA, LMHC
809 5th Avenue, Grinnell

Creative Hope Counseling 641-226-2665
Sara Erselius, LISW, RPT
Montezuma, IA 50171
Offers play therapy. Provides individual and group therapy for children & adolescents.

Gallegos Counseling, LISW 641-781-0770
www.gallegoscounseling.com
807 4th Ave., Grinnell
Counselor Beth Gallegos specializes in depression, bipolar disorder, anxiety, OCD, grief and loss.

Hope Family Counseling 641-323-2729
www.hopefamilycounseling.net
821 5th Ave, Suite 401, Grinnell

Kun-Hong Lu, LISW 641-236-8811
www.GrinnellCounseling.com

Jeff Wells, LMFT, CADC 641-236-4680
www.goodtherapy.org/jeff-wells-therapist.php
Individual therapy for adults and older adolescents; substance abuse evaluation and counseling

Jacquie Perman 641-812-2990
www.drhiperman.com
827 1/2 Broad St., Apt. 1, Grinnell

RedCouch Counseling 641-990-1268
www.redcouchcounselingdsm.com
821 5th Ave, Suite 408, Grinnell

Steiner & Associates 877-944-1200
www.steinerpsych.com
Dr. Brian James Steiner
821 5th Ave, Suite 403, Grinnell
In Grinnell on Wednesday mornings only.
Prelude Behavioral Services (formerly MECCA)
www.PreludeIowa.org
3451 Easton Blvd, Des Moines 50317  515-262-0349
430 Southgate Ave, Iowa City 52240  319-351-4357
Prelude provides an array of services including substance abuse and problem gambling treatment, outpatient and residential treatment, halfway and transitional housing, and case management.

NAMI (National Alliance for the Mentally Ill)  641-792-2441
www.namiiowa.com
Find a support group at this website under “Resources”.

Provider certifications:

- APRN  Advanced Practice Registered Nurse
- ARNP  Advanced Registered Nurse Practitioner
- CADC  Certified Alcohol and Drug Counselor
- DNP  Doctor of Nursing Practice
- LISW  Licensed Independent Social Worker
- LMFT  Licensed Marriage and Family Therapist
- LMHC  Licensed Mental Health Counselor
- RPT  Registered Play Therapist
Substance abuse / Support groups

Your Life Iowa: Crisis Line 855-581-8111
www.yourlifeiowa.org
Services include the CICS Mobile Response Team

Support Numbers
Substance Abuse Helpline 800-662-4357
Methamphetamine Hotline 888-664-4673
Iowa Drug and Alcohol Helpline 800-242-4111
Al-Anon 800-344-2666
AA Hotline 800-207-2172

Substance Abuse Treatment Unit of Central Iowa (SATUCI) 641-752-5421
www.satuci.com
611 4th Ave (MICA building), Grinnell
Mon. and Wed., 8:00 am – Noon, 1:00 – 5:00 pm.
Evaluations, outpatient treatment, prevention, and education, DUI/OWI evaluations and classes.
Also help with gambling prevention and treatment.

Jeff Wells, LMFT, CADC 641-236-4680
www.goodtherapy.org/jeff-wells-therapist.php
Individual therapy for adults and older adolescents; substance abuse evaluation and counseling

Alcoholics Anonymous (AA) Meetings
Tues: Big Book Meeting at 7:30 pm at St. Paul’s Episcopal Church, 6th and State St., Grinnell
Wed: Big Book Meeting at Noon at United Church of Christ, 902 Broad St., Grinnell
Sat: Serenity Sisterhood at 9:30 am via Zoom, women only
    For meeting link, email: grinnella@gmail.com
Sat: Open Meeting at 7:30 pm at St. Paul’s Episcopal Church, 6th and State St., Grinnell

NOTE: At the in-person meetings, masks are required for individuals who are not vaccinated.

Narcotics Anonymous 641-236-0270
Station Club House, 729 Pearl St., Grinnell (Call for meeting times) 641-821-9565

Al-Anon Meetings
www.ia.al-anon.alateen.org
E-mail: alanongrinnell@gmail.com
Support group for families of persons with alcohol addiction.
Meeting: Every Mon. at 7:00 pm at St. Paul’s Episcopal Church, 1029 State St., Grinnell
Must be vaccinated or wear a mask.

Moms off Meth (MOMs) 641-673-0336
Contact Jackie Allen Black, Crisis Intervention Services, jackie@cismc.org
Disability Services

Central Iowa Community Services (CICS) – Poweshiek County 641-236-9199
www.cicsmhds.org Fax: 641-236-1349
200 4th Ave West, Suite 202, Grinnell
E-mail: brenda.daily@cicsmhds.org
CICS provides coordination and financial support for mental health and disability services to eligible applicants. Services include service coordination, drop-in centers, mental health crisis services, outpatient non-crisis psychiatry services, housing supports, work supports, and other services.

Central Iowa Recovery 515-832-9550
200 4th Ave. West (lower level), Grinnell
The office is staffed by appointment.
Provides support during recovery and on-going care from mental illness and mental disability.

CIRSI 641-236-1382
917 Main St, Grinnell
Community-based services for the mentally disabled

Diamond Life Health Care 641-623-5715
4912 Barnes City Rd, PO Box 820, Montezuma 50171
Contact: Debbie Van Wyk
Residential Care Facility (RCF) for the mentally ill and mentally disabled

Lutheran Services in Iowa 641-792-1541
109 N. 2nd Ave. E., Newton
Services for people with mental illness or mental disability

Genesis Development
925 Broad St., Grinnell
Provides support for people with disabilities, including supported community living services.

The Arc of Poweshiek County
Contact: Karen Veerhusen-Langerud
E-mail: veerhuse@grinnell.edu
Advocacy for children and adults with intellectual and developmental disabilities.

The Arc of East Central Iowa 800-843-0272
www.arceci.org 319-365-0487 ext. 1053
680 2nd Street S.E., Suite 200, Cedar Rapids 52401

Goodwill Industries 515-265-5323
Des Moines Headquarters
Supported training and employment for mentally ill and mentally disabled.

Special Olympics Iowa 515-986-5520
551 SE Dovetail Rd., Grimes 50111
E-mail: rschwarzkopf@soiowa.org
United States Department of Labor, Office of Disability Employment Policy
https://www.dol.gov/odep/topics/disability.htm
This website includes links to information and services in a number of areas including employment, health, education, etc.

Iowa Vocational Rehabilitation Services
www.ivrs.iowa.gov
204 W. State Street, Marshalltown 50158
The mission of Iowa Vocational Rehabilitation Services is to work for and with individuals who have disabilities to achieve their employment, independence, and economic goals. IVRS works with sophomores in high school through adults. Services offered include: college funding, job training, employment search, assistive technology, medical and psychological assessment, physical/mental restoration services which may include therapy, wheelchairs, hearing aids, etc., job coaching, career guidance and counseling. For more information about the full spectrum of services offered, visit the website.
Domestic Violence/Sexual Assault

Domestic Abuse Hotline 800-464-8340
Sexual Abuse Hotline 800-270-1620

Family Crisis Center
www.ottumwacrisiscenter.org
PO Box 446, Ottumwa 52501
Domestic/Intimate Partner Abuse Services; for Poweshiek and 11 other counties.
24-hour crisis hotline, one-on-one DV counseling, general support services, and court advocacy.
For non-emergency communication, text the Poweshiek County advocate at 641-799-2370.
NOTE that this number is only answered during work hours.

Crisis Intervention Services (CIS)
www.stopdvsa.org
PO Box 6, Oskaloosa, IA 52577
24-hour crisis line, one-on-one counseling, general support services,
court advocacy, medical advocacy, housing advocacy and shelter services.

Resources for the hearing impaired

Deaf Iowans Against Abuse 319-382-3078
Services for the deaf and hearing impaired.
Crisis Lines, V/VP: 319-531-7719
Text Only: 515-661-4015

Abused Deaf Women’s Advocacy Services
www.adwas.org

Thrive Together 319-531-7719
www.thrivetogethertoday.org
4225 Glass Rd NE, Cedar Rapids, IA 52402
Services for hearing impaired
Government and Legal Services

City of Grinnell, Administrative Offices 641-236-2600
www.grinnelliowa.gov
520 4th Ave., Grinnell 50112
The entrance is on the west side of the building. Utility payments drop box is available outside.
Note: Poweshiek Iowa Development and Grinnell Housing Authority are also at this address.

Grinnell Police Department 641-236-2670
(non-emergency) 641-236-2600
1020 Spring St, Grinnell

Poweshiek County
www.poweshiekcounty.org

Juvenile Court Services 641-673-0419
200 4th Ave. West (lower level), Grinnell
Call for an appointment. Serves Poweshiek and Mahaska Counties

Magistrate Court 641-623-5153

Poweshiek County Attorney 641-623-5135

Poweshiek County Clerk of Court 641-623-5644
www.PoweshiekCounty.org/Poweshiek-clerk-of-courts/
302 East Main St., PO Box 218, Montezuma 50171

Poweshiek County Probation/Parole Office 641-673-7038

Poweshiek County Sheriff Office 641-623-5679
www.PoweshiekCoSheriff.com
4802 Barnes City Rd., PO Box 297, Montezuma 50171

State of Iowa
www.iowa.gov

Iowa Attorney General 515-281-5164
www.iowaattorneygeneral.gov Fax: 515-281-4209

Office of Ombudsman 515-281-3592
Ola Babcock Miller Building, 1112 East Grand, Des Moines 50319 888-426-6283
Investigates grievances about state and local governments.
E-mail: ombudsman@legis.iowa.gov

Iowa Court System
www.iowacourts.gov

Iowa Legislature
www.legis.iowa.gov
Iowa Legal Aid 800-532-1275
www.IowaLegalAid.org
Legal hotline for older Iowans (M – F, 9 am – 4:30 pm) 800-992-8161
Free legal counseling for elderly and income-eligible individuals and families. Mon – Fri, 9:00 – 11:00 and 1:30 – 3:30 (except Thurs. afternoons). Appts available on the 3rd Thurs., 9:30 am – noon, at the Grinnell MICA office. 641-236-3923

Iowa Concern 800-447-1985
http://www.extension.iastate.edu/iowaconcern/legal.html
Stress counselors are available by phone or one-on-one live chat. An attorney is available for legal questions by phone or e-mail. The website also lists other resources.

Iowa Workman’s Compensation 515-281-5387
www.IowaWorkforceDevelopment.org 800-562-4692
1000 East Grand Ave., Des Moines 50319

Find-A-Lawyer – Attorney Referral Service 800-532-1108
www.iowafindalawyer.com
Service of the Iowa State Bar Association
Lawyers found through this service charge $25 for the first 30 minute consultation.

Disability Rights IOWA 800-779-2502
www.DisabilityRightsIowa.org TTY: 866-483-3342
666 Walnut St., Suite 1440, Des Moines 50309 Fax: 515-278-0539
Law Center to promote and defend human and legal rights of disabled and mentally ill.
Transportation

**People Rides**
www.region6resources.org
903 E Main, Marshalltown 50158
Transportation within Grinnell, $3.00 one way.
Transportation to out-of-town medical appointments is offered subject to driver availability.
Call at least one day in advance to schedule a ride.
See the website for more information.

**Access2Care**
844-544-1389
For Medicaid Non-Emergency Medical Transportation (NEMT) for Medicaid members now with fee-for-service or a Managed Care Organization.
Call center hours:  M – F, 8 am – 5 pm.
Call at least 3 days prior to the appointment to schedule transportation.
Access2Care can act as a broker, helping transportation providers to receive Medicaid reimbursement for services.

**Presbyterian Church Drivers Program**
641-236-6059
Rides to scheduled medical and dental appointments.
Please call 2 weeks in advance if possible.

**Community Hope Church**
641-623-4673
Van Ministry between Montezuma and Grinnell only
Office hours:  M – Th, 9:00 am – 3:00 pm.

**Poweshiek County Veterans Affairs Drivers**
641-236-5722
Rides for veterans to scheduled medical and dental appointments at VA facilities.
Please call at least one week in advance.
Financial Assistance

**Mid-Iowa Community Action (MICA)**
611 4th Ave., Grinnell
Emergency funds for rent, utilities, gas vouchers for medical appointments. Low-Income Home Energy Assistance Program (LIHEAP), budgeting assistance.

**The Campbell Fund**
City of Grinnell, 520 4th Ave., Grinnell
Financial assistance for groceries, taxi services, utilities and medical services for income-eligible Grinnell residents.

**Poweshiek County General Assistance**
https://poweshiekcounty.org/general-assistance
E-mail: afallis@poweshiekcounty.org
200 4th Ave West, Suite 202, Grinnell
General Assistance provides emergency assistance to Poweshiek County residents to meet basic needs such as food, shelter, medical and utilities. It is not intended to provide on-going, long-term assistance to any individual and/or family.

**Salvation Army Poweshiek County Service Extension #261**
Located at the First Presbyterian Church, Montezuma
Call Welfare Secretary for information and an appointment – Darla Wilson,
Provides assistance within the county for a variety of emergency needs subject to SA guidelines.

**Grinnell Ministerial Association**
MICA will screen candidates for rent, utilities, gas vouchers for residents of Grinnell, Malcom, Newburg, and Searsboro. Grinnell Police Department distributes one-time vouchers for hotel room and meals for transient persons.

**Brooklyn Ministerial Association**
Presbyterian Church, 503 Clay St., Brooklyn

**Montezuma Ministerial Association**
Local churches working together to meet needs of community residents. Community Needs fund is for emergency need and crisis situation and not for negligence, irresponsibility, or repeated use throughout the year. Application for assistance is available from client in-take worker (usually a pastor) at the Montezuma Food Pantry during their hours of operation. No immediate assistance available: may have a 72 hour wait for determination. Welfare secretary Darla Wilson available to answer inquiry calls.

**Emergency Loan Program (SEG)**
www.segrinnell.org/
E-mail: GrinnellMicroFinance@gmail.com
This program provides small, no-interest loans for emergencies such as car repair, temporary loss of income, or medical emergencies. It is intended to serve as an alternative to predatory loans.
Mid-Iowa Credit Counseling
Ames 888-720-9049
Waterloo 641-234-0661
Des Moines 888-272-4118

VITA (Volunteer Income Tax Assistance) 641-623-5188
In Grinnell this program is sponsored by the ISU Poweshiek County Extension Agency. It offers free tax service to people with limited income. The program runs in February and March. Call for an appointment.
Miscellaneous

National Runaway Service Crisis Line 800-621-4000

National Suicide Prevention Lifeline 800-273-TALK (8255)
  515-233-2330
  800-600-2330

Social Security Administration 800-772-1213

Marshalltown Social Security 877-819-2595
2502 South 2nd St., Marshalltown 50158

Drake Community Library 641-236-2661
https://drakelibrary.org/
930 Park St., Grinnell

Poweshiek County Extension Office 641-623-5188
www.extension.iastate.edu/poweshiek
114 S. 3rd St., PO Box 70, Montezuma
Poweshiek County Extension can assist you with making decisions that affect your family, community, business, or farm. They rely on ISU Extension for unbiased, research-based information and education to help you make better decisions.

Conflict Resolution Center of Iowa
PO Box 925, Grinnell
Mediation services (formerly Iowa Peace Institute)

Habitat for Humanity
PO Box 782, 402 E 1st Avenue, Newton 50208
jaspercountyhabitat@gmail.com
Call to donate building items, or to check if items are available for purchase.

United Way Fund 641-236-7575
PO Box 121, Grinnell

American Red Cross 800-951-5600
www.redcross.org
This phone number will direct you to the Des Moines chapter, which is the closest chapter to Poweshiek County.

Assurance Wireless 888-321-5880
www.AssuranceWireless.com
Federal lifeline assistance providing free cell phones to income-eligible people.

Tom and Kim Cooper 641-990-4713
They offer to do errands, some transportation.
House of Compassion Shelter
611 W. Church St., Marshalltown 50158
Homeless shelter (men, women, and families) and soup kitchen

Christmas Shares
Contact: Pam Montgomery, Grinnell
Program to help low-income families by purchasing gift items. Families should call to sign up for the program.

Christmas Joy
Program offered through the Montezuma Ministerial Association to help low-income families living within the Montezuma school district with gifts for custodial children. Program collaborates with Christmas Share in Grinnell: families may sign up for one or the other program but not both. Sign up at the First Presbyterian Evangelical Church October the 4th weekend of the month: bring identification to serve as current address verification. Call for more information.